Welcome

Schenectady County
Icebreaker Chat:

Your name, organization and a boring fact about yourself.

Schoharie County
How to have a great meeting

• Mute yourself unless speaking
• Introduce yourself each time you share something
• Step up, step back to avoid monopolizing
• Explain acronyms
• Use “and” instead of “but”
• Participate! Talk, Chat and Raise Hand in Zoom
• Be aware of Zoom fatigue. Take breaks as needed.
HEALTH & AGE ACROSS ALL POLICIES

Diane Oyler  
HFWCNY

Greg Olsen  
NYS Office for the Aging

Paul Beyer  
NYS Department of State

Mark Kissinger  
NYS Department of Health

Jo Ivey-Boufford  
Ad-Hoc Committee for the NYS Prevention Agenda

Lauren Gase  
Venturewell

Margaret Beth Neal  
Age-friendly Portland

Lindsay Goldman  
The New York Academy of Medicine

Diane Kolack  
The New York Academy of Medicine

Alyssa Kies  
The New York Academy of Medicine
Agenda: Morning Session

10:00   Welcome – Diane Oyler
10:15   Evaluating Health in All Policies - Lauren Gase
11:00   NYS Health & Age Across All Policies Steering Committee
          Greg Olsen, Paul Beyer, Charles Williams
11:30   NYS Prevention Agenda 2019-2024 – Jo Ivey Boufford
11:40   Updates from HAAAP Centers for Excellence
12:30   BREAK until 2:00
Agenda: Afternoon Session

2:00  Surprise activity that you won’t want to miss

2:10  Measuring Success in Your Age-friendly Initiatives - Margaret Beth Neal

2:45  Peer-to-peer Innovation Inventory (mini-group sessions)

3:05  Insights from group sessions

3:20  Sharing lessons learned from the day (round-robin)

3:55  Next steps and closing remarks
HEALTH & AGE ACROSS ALL POLICIES

DIANE OYLER
VICE PRESIDENT OF PROGRAMS

Health Foundation
for Western & Central New York
HEALTH & AGE ACROSS ALL POLICIES

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CHARLES R. WILLIAMS
SENIOR HEALTH CARE PROGRAM SPECIALIST
NEW YORK STATE DEPARTMENT OF HEALTH
HEALTH & AGE ACROSS ALL POLICIES

PAUL BEYER
DIRECTOR OF SMART GROWTH PLANNING
OFFICE OF PLANNING, DEVELOPMENT & COMMUNITY INFRASTRUCTURE NYS DEPT. OF STATE
HEALTH & AGE ACROSS ALL POLICIES

GREG OLSEN
DIRECTOR
NEW YORK STATE OFFICE FOR THE AGING
HEALTH & AGE ACROSS ALL POLICIES

JO IVEY BOUFFORD
VICE CHAIR, AD HOC COMMITTEE TO LEAD THE NEW YORK STATE PREVENTION AGENDA
CLINICAL PROFESSOR OF GLOBAL PUBLIC HEALTH, NYU SCHOOL OF GLOBAL PUBLIC HEALTH AND CLINICAL PROFESSOR OF PEDIATRICS, NYU SCHOOL OF MEDICINE
NYS Prevention Agenda 2019-2024
NYS Prevention Agenda

• Goal is improved health status of New Yorkers and reduction in health disparities through increased emphasis on prevention.

• Call to action to broad range of stakeholders to collaborate at the community level to assess local health status and needs; identify local health priorities; and plan, implement and evaluate strategies for local health improvement.

• Led by Ad Hoc Committee appointed by the NYS Public Health and Health Planning Council and PHHPC PH Committee.
The Ad Hoc Committee played an essential role in leading the development of the Prevention Agenda and is charged with oversight of achieving HAAP and Age Friendly NYS in the Governor’s Executive Order.
The Governor’s Executive Order

• Advance a Health Across All Policies approach to incorporate health considerations into policies, programs and contracting initiatives led by all government agencies

• Increase intergovernmental collaboration to provide added value to State and local initiatives that promote health and the goal of New York as an Age Friendly state.

• Long term goal is to embed Health in all Policies and considerations for Healthy Aging into all aspects of our government work.
Traveling Together…

Health Across All Policies

Improving the Health of New Yorkers

Age-Friendly NYS

NYS PREVENTION AGENDA 2019-2024
Prevention Agenda 2019-2024
Priority Areas

1. Prevent Chronic Diseases
2. Promote a Healthy and Safe Environment
3. Promote Healthy Women, Infants and Children
4. Promote Well-Being and Prevent Mental and Substance Use Disorders
5. Prevent Communicable Diseases
Action Plan for Each Priority Area

• Focus Areas
  – Goals
    • Measurable Objective(s)
    • Evidence Based Interventions
    • Resources for Implementation
    • Identification of populations/age groups affected and social determinants of health
    • Identification of organizations that play leading or supporting roles
### Prevent Chronic Diseases

**Focus Area 1: Healthy Eating and Food Security**  
**Overarching Goal:** Reduce obesity and the risk of chronic diseases

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<tr>
<th>Goal 1.1:</th>
<th>Increase access to healthy and affordable foods and beverages</th>
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<tr>
<td>Goal 1.2:</td>
<td>Increase skills and knowledge to support healthy food and beverage choices</td>
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<td>Goal 1.3:</td>
<td>Increase food security</td>
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**Focus Area 2: Physical Activity**  
**Overarching Goal:** Reduce obesity and the risk of chronic diseases

| Goal 2.1: | Improve community environments that support active transportation and recreational physical activity for people of all ages and abilities |
| Goal 2.2: | Promote school, child care, and worksite environments that support physical activity for people of all ages and abilities |
| Goal 2.3: | Increase access, for people of all ages and abilities, to safe indoor and/or outdoor places for physical activity |

**Focus Area 3: Tobacco Prevention**

<table>
<thead>
<tr>
<th>Goal 3.1:</th>
<th>Prevent initiation of tobacco use, including combustible tobacco and electronic vaping products (electronic cigarettes and similar devices) by youth and young adults</th>
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<td>Goal 3.2:</td>
<td>Promote tobacco use cessation, especially among populations disproportionately affected by tobacco use including: low SES; frequent mental distress/substance use disorder; LGBT; and disability</td>
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<td>Goal 3.3:</td>
<td>Eliminate exposure to secondhand smoke and exposure to secondhand aerosol/emissions from electronic vapor products</td>
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**Focus Area 4: Preventive Care and Management**

| Goal 4.1: | Increase cancer screening rates for breast, cervical, and colorectal cancer |
| Goal 4.2: | Increase early detection of cardiovascular disease, diabetes, prediabetes and obesity |
| Goal 4.3: | Promote the use of evidence-based care to manage chronic diseases |
| Goal 4.4: | Improve self-management skills for individuals with chronic conditions |
Prevention Agenda 2019-2024: Prevent Chronic Diseases

Table of Contents

Overview

Focus Area 1. Healthy Eating and Food Security

Focus Area 2. Physical Activity

Focus Area 3. Tobacco Prevention

Focus Area 4. Chronic Disease Preventive Care and Management

Overview

Chronic diseases such as cancer, diabetes, heart disease, stroke and asthma are among the leading causes of death, disability and rising health care costs in New York State (NYS). However, chronic diseases are also among the most preventable. Three modifiable risk behaviors - unhealthy eating, lack of physical activity, and tobacco use - are largely responsible for the incidence, severity and adverse outcomes of chronic disease. As such, improving nutrition and food security, increasing physical activity, and preventing tobacco use form the core of the Preventing Chronic Diseases Action Plan. The plan also emphasizes the importance of preventive care and management for chronic diseases.

Some organizations and communities have found the 3-4-50 framework a helpful way to focus interventions on the three behaviors (unhealthy eating, lack of physical activity, and tobacco use) that contribute to four chronic diseases(cancer, heart disease and stroke, type 2 diabetes and chronic lung diseases) that cause over 50 percent of all deaths worldwide.

Additional information about the burden of chronic diseases, underlying risk factors, associated disparities, and social determinants of health can be found at: Link to the burden documents
Focus Area 1. Healthy Eating and Food Security

Goals

Overarching Goal: Reduce obesity and the risk of chronic disease

Goal 1: Increase access to healthy and affordable foods and beverages

Goal 2: Increase skills and knowledge to support healthy food and beverage choices

Goal 3: Increase food security

Objectives: By December 31, 2024

Interventions
Resources that make local food more affordable:

- Farmers Market Nutrition Program Checks
- SNAP
  - FreshConnect
  - Health Bucks
  - Double Up Food Bucks

Downtown Revitalization Initiative

Regional Councils

Capital Region - Glens Falls, Hudson
Central New York - Oswego
Finger Lakes - Geneva
Long Island – Westbury, Hicksville (Oyster Bay)
Mid-Hudson - Middletown
Mohawk Valley - Oneonta
New York City - Jamaica
North Country - Plattsburgh
Southern Tier – Elmira, Village of Watkins Glen
Western New York - Jamestown

https://www.ny.gov/programs/downtown-revitalization-initiative
https://regionalcouncils.ny.gov/sites/default/files/DRI_Booklet_Final.pdf
https://regionalcouncils.ny.gov/
Prevention Agenda will continue to be blueprint for Local Community Health Improvement

• Local health departments, hospitals and other community organizations conduct local collaborative community health assessment and improvement planning (reports submitted in 2019)

• LHDs and hospitals strongly encouraged to develop single collaborative plan – challenging for multi-county big hospital systems.

• Hospitals will be asked to describe how they are investing their resources to support local Prevention Agenda efforts.

• Hospitals must connect their PA activities to their Certificate of Need application.

127 plans by 58 LHDs and 167 Hospitals
Prevention Agenda 2019-2024: New York State's Health Improvement Plan

The Prevention Agenda 2019-2024 is New York State’s health improvement plan, the blueprint for state and local action to improve the health and well-being of all New Yorkers and to promote health equity in all populations who experience disparities. In partnership with more than 100 organizations across the state, the Prevention Agenda is updated by the New York State Public Health and Health Planning Council at the request of the Department of Health. This is the third cycle for this statewide initiative that started in 2008. New to this 2019-2024 cycle is the incorporation of a Health Across All Policies approach, initiated in 2017, which calls on all State agencies to identify and strengthen the ways that their policies and programs can have a positive impact on health. It embraces Healthy Aging to support New York’s commitment as the first age-friendly state.

Prevention Agenda 2019-2024: An Overview (PDF, 317KB, 16pp.)

The Prevention Agenda Dashboard - Tracking the Prevention Agenda's Progress.

New York State Health Assessment 2018

Development Process of the Prevention Agenda 2019-2024

Note the left side bar contains links to additional information in support of the Prevention Agenda including data, contact information, and other planning resources.

Tompkins Center for Excellence
Oneida Center for Excellence

Executive Order 190
1. Herkimer
2. Ontario
3. Orange
4. Schoharie

Cert. Age-friendly
5. Broome

Executive Order 190 & Cert. Age-friendly
6. Monroe
7. Nassau
8. Onondaga
9. Oswego
10. Saratoga
11. Schenectady
12. Ulster

HAAAP Centers for Excellence
13. Nassau
14. Rockland
15. Erie
16. Oneida
17. Tompkins
Rockland Center for Excellence

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HAAAP Centers for Excellence

| 13 | Nassau |
| 14 | Rockland |
| 15 | Erie |
| 16 | Oneida |
| 17 | Tompkins |
## Erie Center for Excellence

### Table: Counties

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Age-friendly Health Systems question

- In the chat, please type your county and the name of any health systems you are currently working with or would like to engage.

- Thank you!
Lunch
Please return by 2:00 pm

Monroe County
HEALTH & AGE ACROSS ALL POLICIES

MARGARET BETH NEAL
CO-COORDINATOR, AGE-FRIENDLY PORTLAND AND MULTNOMAH COUNTY ADVISORY COUNCIL
CO-INVESTIGATOR, STATE OF AGING IN PORTLAND PROJECT
Breakout Mini-Sessions

Objective: Share innovative ideas, successes, challenges, insights regarding evaluation from the presentations today

- Housing
  - Nassau CFE
  - Diane

- Technology & Communication
  - Tompkins CFE
  - Andrew & Brittney

- Emergency Preparedness
  - Oneida CFE
  - Lindsay

- Social Participation
  - Erie CFE
  - Rockland CFE
  - Michele
Innovation Inventory

- Successes? Challenges?
- What are some ways that you could track progress regarding your impact in this area (storytelling, data collection, secondary data sets, mapping, etc.)?
- What is novel or unique? Does it serve a particular population?
- Does it consider or help to reduce racial disparities in health?
- How do you maximize and leverage intergenerational contact and connection?
- Are there any partners you would like to engage in this strategy or initiative but have had challenges doing so?
- What advice would you give to someone from another county who wants to undertake something similar?
- How are you (could you) leverage Executive Order 190, Smart Growth principles, WHO 8 Domains of Livability, and/or New York State Prevention Agenda priorities to support your ongoing initiatives?
Credits

NYAM Team
Alyssa Kies
Lindsay Goldman
Michele Calvo
Brittney Davis
Carolyn Stem
Diane Kolack

AARP Intern
Andrew Wrede

NYS Team
Barbara Stubblebine
Charlie Williams
Greg Olsen
Paul Beyer

Invited Speakers
Lauren Gase
Margaret Beth Neal
Jo Ivey Boufford

Participating Counties
• Broome
• Erie
• Herkimer
• Monroe
• Nassau
• Oneida
• Onondaga
• Ontario
• Orange
• Oswego
• Rockland
• Saratoga
• Schenectady
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• Tompkins
• Ulster
Thank you!

Survey Link
in Chat