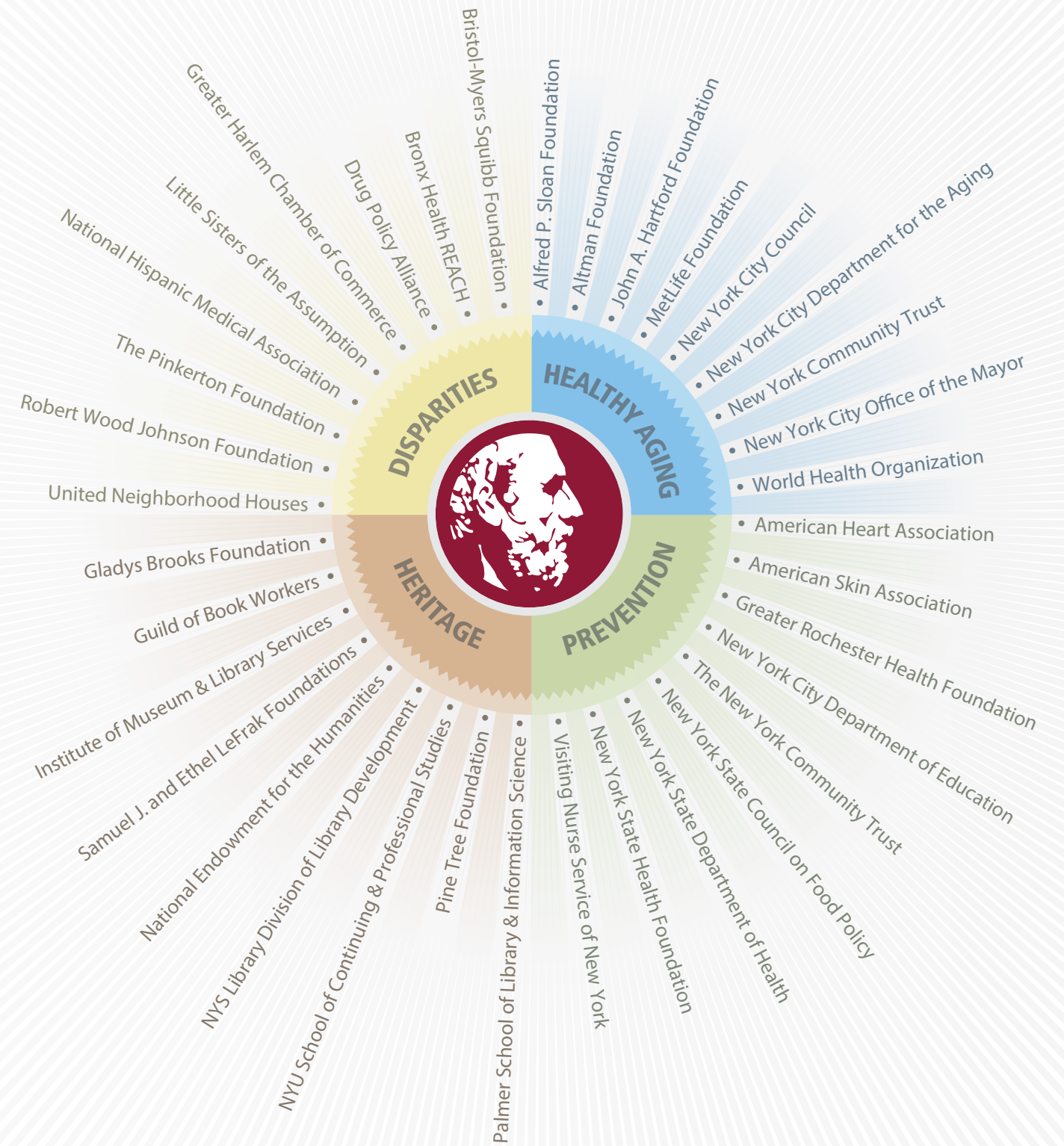


The New York Academy of Medicine Advances the Health of People in Cities

An independent organization since 1847, NYAM addresses the health challenges facing the world's urban populations through interdisciplinary approaches to policy leadership, innovative research, evaluation, education, and community engagement.

Partnerships and Priorities

Drawing on the expertise of diverse partners worldwide and more than 2,000 elected Fellows from across the professions, our current priorities are to create environments in cities that support healthy aging; to strengthen systems that prevent disease and promote the public's health; to eliminate health disparities; and preserve and promote the heritage of medicine and public health.



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Letter from the President and Chairman

To our Fellows, Colleagues, and Supporters:

We are pleased to provide you with an overview of our work and accomplishments during the past year as part of The New York Academy of Medicine's (NYAM) 2012 Annual Report. This report provides some highlights of our positive impact on the health of people in New York and in cities across the nation and around the globe.

In 2012 NYAM created the Center for the History of Medicine and Public Health to promote the importance of history and the humanities to medical practice and public health. The Center takes advantage of the unique historical collections held at NYAM and recognizes the importance of history in illuminating current issues and preserving awareness of medicine's rich cultural heritage. The Center also continues to provide library services to support the research, policy, and outreach activities of NYAM and its Fellows.

NYAM, along with our wide range of public and private partners, works every day to make New York a healthier city for people of all ages. In 2012, our Age-friendly NYC initiative, a key partnership with the Mayor's Office and City Council to meet the needs of the city's older adults, launched a database to connect older adults with a range of educational opportunities and received a major grant from the Alfred P. Sloan Foundation to establish the Age Smart Employer Awards to honor age-friendly workplaces. Our leadership in this area is confirmed by invitations to share our learning from the Age-friendly NYC experience in support of work in cities across the country and around the world to become age-friendly.

The impact of our work in the priority area of prevention can be seen in New York State's implementation of national health care reforms, which includes a strong emphasis on prevention as key to achieving the best health for all New Yorkers. NYAM's report *Federal Health Care Reform in New York State, a Population Health Perspective* identifies the unprecedented provisions in the Affordable Care Act that support the creation of healthy communities and the important role of public health and health care delivery system partnerships in achieving this goal statewide. We are also working with the State on the implementation of the New York State Prevention Agenda.

At the national level, in the wake of Hurricane Sandy, NYAM responded to a request from the U.S. Assistant Secretary for Emergency Preparedness in the Department of Health and Human Services and partnered with the U.S. Institute of Medicine to convene experts from the greater New York area to identify research priorities for shaping more effective responses to emergencies like Hurricane Sandy, especially for vulnerable populations.

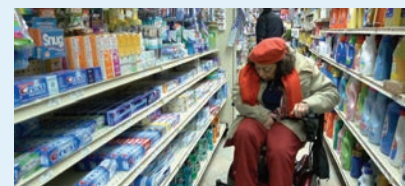
These and other initiatives of our talented and dedicated staff are made possible through your generous support. We thank you for your commitment to all that we do. Together, we will continue to advance the health of all people in cities, now and into the future.

Jo Ivey Boufford, MD
President

Thomas Q. Morris, MD
Chairman of the Board of Trustees

Healthy Aging

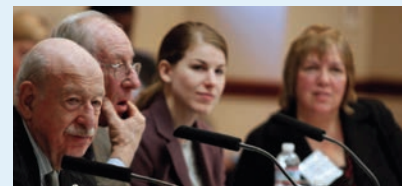
New York City is home to more than one million people over 65. By 2030, this number is expected to increase by 50%—the most rapid increase in history. NYAM, through its Age-friendly NYC Initiative, a partnership with the Mayor’s Office and the New York City Council, is at the forefront of the movement to make New York City—and cities around the nation and the world—age-friendly, and is increasing age-friendly practices in neighborhoods, businesses, colleges and universities, workplaces, health care delivery, and health policy.



NYC Initiatives

NYAM has staffed the **Age-friendly NYC Commission** since its inception in 2010. This group of private and public sector leaders is charged with leveraging the private sector to make the city more inclusive of older adults and overseeing New York City government’s 59 age-friendly initiatives. Among these, the Department of Transportation’s Safe Streets for Seniors initiative has reduced pedestrian injuries and fatalities by up to 50% at several dozen intersections around the city, and the Parks Department expanded its senior-only swim hours from one pool to 15 around the city. The Age-friendly Colleges and Universities workgroup launched a searchable database of education opportunities for older adults in NYC—the first of its kind in the country.

agefriendlynyc.org



Business

Through a grant from the Alfred P. Sloan Foundation in 2012, NYAM is creating the first “**Age Smart Employer Award**” for New York City businesses to be given out in January 2014. The awards program will highlight the value of older workers and the importance of effective multigenerational workplace practices to both employers and employees.

The **Age-friendly Local Business Initiative** expanded tenfold through the support of 20 business organizations with a combined membership of more than 10,000 businesses; an evaluation of the initiative funded by the Bennack-Polan Family Foundation found that participating businesses showed increased revenue compared to non-participating businesses.

agesmartemployer.org



Expansion

NYAM developed and disseminated 1,000 copies of **Creating an Age-friendly NYC, One Neighborhood at a Time**, a toolkit for creating age-friendly neighborhoods based on its successful Aging Improvement District model. The toolkit inspired City Councilmember James Vacca to start a new Aging Improvement District in Pelham Parkway, the Bronx. The Mayors of Chicago and Washington, D.C., also both used the NYC model and process established by New York City to launch age-friendly initiatives. NYAM staff provides regular guidance to those implementing the initiatives.

nyam.org/toolkit



Technical Assistance

In 2012, Atlantic Philanthropies and the Tides Foundation hired NYAM to provide strategic assistance to five community development organizations working to make their communities—all low-income communities of color—more inclusive of older adults. The five organizations—in Phoenix, Chicago, Oakland and New York—are making improvements to housing, transportation, and civic engagement, as well as in other areas.

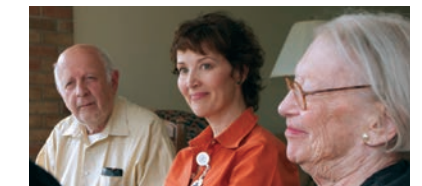
NYAM is also a **World Health Organization (WHO) Collaborating Center on Aging, Globalization and Urbanization**, disseminating information and providing technical assistance on aging throughout the region and world.



Global

Age-friendly NYC took center stage at several global events on aging during 2012. NYAM’s Ruth Finkelstein, ScD, and Dorian Block were invited as keynote speakers at events in Manchester, U.K. and Edmonton, Canada to discuss the work of Age-friendly NYC. They also met with local leaders in each city to learn from and advise them on age-friendly practices. NYAM is working with government and academics in Taiwan to develop a network of cities implementing age-friendly initiatives.

Dr. Finkelstein joined Verizon Wireless in unveiling the concept of **Elder-friendly Mode**—a more senior-friendly operating mode for smartphones—in Tokyo.



Workforce

NYAM continues to pioneer in preparing social workers to serve our nation’s rapidly growing population of older adults. The **Hartford Partnership Program for Aging Education (HPPAE)**, a partnership between NYAM’s Social Work Leadership Institute and the John A. Hartford Foundation, supports the only national practice-based program for Masters of Social Work programs nationwide. To date, 2,600 MSW students have been trained at 72 grantee schools across the U.S. Additionally, 10 more leaders of schools of social work attended the **Leadership Academy in Aging** begun by SWLI and the National Association of Deans and Directors of Schools of Social Work. Since 2008, 44 deans and directors have gained geriatric knowledge and leadership skills to implement aging-focused programs.

hartfordpartnership.org

Prevent Disease and Promote Health

NYAM's work is driven by the belief that prevention is the key to good health. Through an innovative combination of research and evaluation, policy analysis and advocacy, technical assistance, and education, NYAM works closely with policymakers and community partners to develop evidence-based policies and programs that create healthy communities.



Obesity Prevention

Designing a Strong and Healthy New York (DASH-NY), NYAM's obesity prevention policy center, engaged a multisector, 30-member Advisory Group and five work groups with approximately 20 members each to develop an evidence-based agenda to address obesity across New York State. DASH-NY also released seven policy papers on topics including healthy food procurement and complete streets policy, and launched a searchable online database of evidence-based policies to prevent obesity.

DASH-NY provided technical assistance to 13 community groups across New York State toward making local-level policy, systems, and environmental changes to enhance access to healthy food and physical activity in underserved communities.

dashny.org



Health Care Reform

With support from the New York State Health Foundation, NYAM released a new report, *Federal Health Care Reform in New York State: A Population Health Perspective*. This report identifies opportunities that build on both the Patient Protection and Affordable Health Care Act (ACA) and New York's ongoing efforts toward improving the health of its 19 million residents. An influential document for state health policymakers, the report's concepts are visible in New York State's Medicaid redesign and ongoing health reform efforts.

nyam.org/reform



Population Health

Following Hurricane Sandy in October 2012, at the request of the U.S. Department of Health and Human Services (DHHS), NYAM partnered with the U.S. Institute of Medicine to convene multiple stakeholders to identify research priorities for improved emergency preparedness and response. This convening generated a report that is now being used by DHHS to shape funding of such research.

NYAM's **Primary Care Population Health Working Group** created a "Metrics Matrix" of evidence-based preventive interventions across a spectrum of clinical- and community-based actors and government. The group also published an article in the *AJPH* on the challenges of accountability for geographic communities in cities with multiple complex provider systems.

nyam.org/pcph



Education

NYAM's Office of School Health Programs (OSHP) continues to provide a wide range of comprehensive health education programs to public schools in New York City and school districts nationally through **Comprehensive Health Education** training workshops developed in partnership with the NYC Department of Education, as well as others administered independently at schools. Through **Healthy Eating Active Living: A School and Community Initiative (HEAL)**, NYAM engages school staff, parents and caregivers, and children in creating healthy school environments that provide healthy choices in food and exercise to reduce risks for obesity and diabetes. Students nationwide benefited from NYAM's award-winning skin health curriculum **The Wonders of Skin: Looking Good, Being Healthy**.



Students Served

Comprehensive Health Education: 232 elementary school teachers and 62,400 NYC students reached in 2012

The Wonders of Skin: reached 16,950 students in 63 schools nationwide

Healthy Eating Active Living: impacted 4,780 students in 13 NYC public elementary and middle schools



Evaluation

With funding from the New York State Health Foundation, the Center for Evaluation and Applied Research (CEAR) evaluated the process and outcomes of the **New York State YMCA Diabetes Prevention Program (Y-DPP)** implemented at 14 sites across the state through the Alliance of NYS YMCAs and the New York State Department of Health. This evidence-based 16-week, group-based program, led by trained lifestyle coaches, focuses on nutrition, physical activity, and behavior change for individuals diagnosed with prediabetes. Data from the CEAR evaluation indicate that the Y-DPP resulted in significant weight loss among participants; nearly half achieved the five percent weight loss goal by the end of the program, thereby reducing their risk of developing diabetes by more than 50 percent.

Eliminate Health Disparities

NYAM works to eliminate racial and ethnic health disparities and promote the health of vulnerable populations throughout New York. To this end, NYAM conducts research and develops evidence-based policies and programs to address issues affecting the health of at-risk and underserved communities in New York. Areas of impact in 2012 include drug policy, prison reentry, maternal mortality, asthma, and continuing to address minority underrepresentation in the health professions.



Drug Policy

During 2012, NYAM staff provided key guidance and delivered important testimony to policymakers delineating the needed elements and opportunities for a public health approach to prescription drug misuse; they also shared research and empirical data for effective overdose prevention strategies, including Naloxone expansion. NYAM is active in the **NYS Department of Health Prescription Pain Medication Awareness Work Group**. NYAM also provided evidence in support of amendments to bring policy into accordance with the 1977 Marijuana Reform Act, reducing incentives for harmful stop-and-frisk practices.



Asthma Remediation

With a three-year grant from the U.S. Department of Housing and Urban Development, the Center for Evaluation and Applied Research (CEAR) continues its evaluation of the Little Sisters of the Assumption Family Health Service's program to remediate asthma-inducing conditions in East Harlem's public housing units. Preliminary findings suggest reductions in asthma symptoms as well as in mold and other asthma triggers among children in participating households; this data can be used to facilitate expansion and replication of effective practices.



Vulnerable Populations

As a member of the **New York State Criminal Justice and Health Homes Work Group**, NYAM continues to promote critical access to health care services for individuals returning home from incarceration. NYAM conducted assessments and presented effective policy strategies for Medicaid enrollment of populations being released from prison in New York.

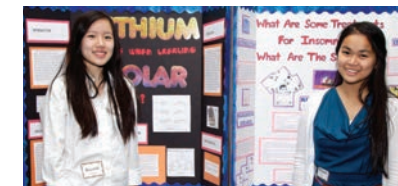
NYAM continues to work with state, city, and other partners to address the high rate of, and racial disparities in, maternal mortality throughout New York State. The **Public Health Committee of the State Public Health and Health Planning Council**, chaired by Dr. Boufford, has committed to making an impact on the issue due to NYAM's 2010 report and ongoing advocacy.



Junior Fellows

NYAM partners with New York City public schools and regional academic medical centers to build bridges and pathways to the health professions for minority students. The **Junior Fellows Program** is designed to stimulate middle and high school students' interest in public health, science, medicine, and research. The program engaged 75 young people in learning to conduct research at NYAM's world-class library, enhanced their critical-thinking skills, and helped them to foster positive interactions with practicing physicians and health professionals at some of New York's most prestigious medical institutions.

juniorfellows.org



G.I.R.L.S.

G.I.R.L.S. (Getting into Real Life Science) and the Health Professions offered 60 young women from middle and high schools in East Harlem a wide range of after-school academic support and enrichment activities, including exploration of health careers, mentoring experiences with minority women health professionals, and development of 21st century life skills.



Impact

Junior Fellows Impact

- 1,259 graduates since 1996
- 95% would recommend the program to a friend
- 95% improved their ability to access electronic information
- 83% improved their ability to evaluate information on the web
- 83% improved their ability to develop a presentation

G.I.R.L.S. Impact

- 100% agreed that they increased their knowledge of health or science careers
- 80% became more excited about taking health or science classes
- 73% reported an interest in pursuing a health or science-related career as an adult

Preserve and Promote the Heritage of Medicine and Public Health

In 2012 NYAM created the Center for the History of Medicine and Public Health to promote the importance of history and the humanities in medicine and public health. Under the leadership of Lisa O'Sullivan, PhD, the Center takes advantage of the world class collections held at NYAM and recognizes the importance of preserving awareness of medicine's rich cultural heritage and promoting its value in illuminating current medical and public health issues.



A New Mission

The Center's mission is to preserve and promote the heritage of medicine and public health, explore the connections between history and the humanities and contemporary medical, health policy, and public health concerns, and make the history of medicine and public health accessible to public and scholarly audiences. The Center continues to provide library services to support the research, policy, and outreach activities of NYAM and its Fellows and to serve its scholarly users, while expanding its engagement with public audiences and creating collaborations with other New York cultural institutions. Its vision is to create a vibrant cultural space for diverse audiences to explore the connections between history, medicine, art and the humanities.



Support

In 2012 the Samuel J. and Ethel LeFrak Charitable Trust and Charitable Foundations made a generous gift naming the rare book reading room in honor of Drs. Barry and Bobbi Coller. This gift is supporting substantial renovations of the rare book room including installation of new environmental controls and restoration of its historic windows. A Gladys Brooks Foundation grant enabled the purchase of digital equipment to support more efficient user services and the capacity to provide digital access to the collections. The Pine Tree Foundation continued its support in 2012, funding the cataloguing of 33 manuscript recipe books. The generosity of our Friends of the Rare Book Room funded cataloguing and programming, and a grant from the Harmon Foundation supported Conservation Laboratory programming.

nyam.org/rarebookroom



Service

In 2012, the Center

- Served 620 on-site researchers
- Responded to over 3,700 research and reference queries
- Hosted 688 visitors for classes, workshops, and tours
- Disseminated its *Grey Literature Report* to 1,775 subscribers
- Educated 75 NYAM Junior Fellows in research skills



Public Lectures

The Center continued the library's tradition of sponsoring a public lecture series in collaboration with the NYAM Section on the History of Medicine and Public Health, dealing with historical questions relevant to medical and public health concerns. In 2012, Civil War medicine was commemorated with lectures from Ira Rutkow (featured on CSPAN), Margaret Humphreys, and Jane E. Schultz. Another focus was the political and social impacts of disease, with Michael Willrich speaking on the history of smallpox in America and Mark A. Largent on recent debates over vaccination.

The annual Friends of the Rare Book Room lecturer, Mary Fissell, explored the history of *Aristotle's Masterpiece*, an extraordinarily popular guide to pregnancy and childbirth first published in 1684, and still for sale in the 1930s.



Preservation

The preservation of our collections is at the heart of our mission. In 2012 the Gladys Brooks Book and Paper Conservation Laboratory continued to provide both item level treatment for NYAM's rare materials and preventive care and disaster response preparedness. Erin Albritton became the new Head of Conservation and staff worked closely with the rare book room renovation team to ensure that NYAM's collections were protected during the project.

The Lab, in collaboration with the New York Chapter of the Guild of Book Workers, also continued its long-standing workshop and public lecture program in the areas of book history, binding and conservation. In 2012, John DeMerritt gave a lecture on edition binding and Martin Frost presented a talk on the centuries-old binding decoration technique called fore-edge painting.



Outreach

In 2012 the Center began an outreach program to engage with New York institutions and communities interested in history and the humanities and their interactions with medical and public health concerns. Planning for a larger public presence in 2013 is underway.

The Center established an active social media presence through Facebook, Twitter, and its new blog, *Books, Health, and History*. The blog presents stories about its collections, activities, and events at the Center, and also maintains a calendar of events of interest throughout the New York region.

greylit.org
nyamcenterforhistory.org
[@nyamhistory](https://twitter.com/nyamhistory)

Fellows

NYAM Fellows represent individuals with the highest levels of achievement and leadership across the fields of urban health; medical sciences research, practice, and administration; health and social policy; public health; social work; nursing; dentistry; pharmacy; education; and law. In addition to the honor of election by their peers, one of the hallmarks of NYAM fellowship is its commitment to service.



Annual Meeting

In 2012, NYAM welcomed 133 new Fellows, Members, Associate Members, and Student members during the **Annual Meeting and Discourse**, an increase of 20% from 2011—evidence of increasing interest in affiliation with NYAM. The meeting featured the presentation of NYAM's **Distinguished Contribution Awards** (see page 16 for honorees). The Hon. Marc Morial, President and CEO of the National Urban League and former mayor of New Orleans, delivered the 165th Anniversary Discourse on the topic "Why We Can End Health Disparities!"

nyam.org/fellows-members



Engagement

NYAM Fellows served as mentors to Junior Fellows and Scholars (students in middle school through college interested in health professions careers) through a pilot program with NYAM's Office of School Health Programs.

In March, NYAM launched a **Personal Enrichment Series** for Fellow and Members. These well-received programs, on topics including social media and writing grant proposals, provided an opportunity for professional development and networking.

Fellows also had an opportunity to present their published work at eight events as part of NYAM's popular **Author Night Series**.

nyam.org/enrichment



Events

NYAM Sections had a productive year, offering close to 40 well-received educational events. The sections on Clinical Nutrition, Dermatology, Evidence Based Health Care, Health Care Delivery, the History of Medicine and Public Health, Nephrology, Oral Health and Dentistry, and Psychiatry all hosted conferences, panels, or lectures, including several endowed lectures (see page 16 for the speakers and topics of all of the endowed lectures in 2012).

The Sections on Anesthesiology, Dermatology, Ophthalmology, Pediatrics, Social Work, and Urology continued to support the development of younger professionals by sponsoring Student, Trainee, and Residents' Nights.

nyam.org/events

Engaging Communities

NYAM works closely with several partners in its East Harlem community to develop policies and programs that will support community development, improve access to opportunities for healthy eating and physical activity, and improve the health and safety of residents of all ages.



Community Alliance

NYAM, in association with Community Board 11 and other East Harlem nonprofits, established the **East Harlem Community Alliance**, working collaboratively to improve the health of the entire community.

In 2012, the Alliance engaged a multi-sector group of 40+ members with three work groups to address the community's overall health needs. **Buy East Harlem** designed a survey for more than 300 local businesses to assess their services, goals, and awareness of minority/women-owned business certification. **Hire East Harlem** created a database for local businesses seeking employees, which will also be accessible by pre-screened jobseekers. **Serve East Harlem** planned trainings to implement in the coming year.

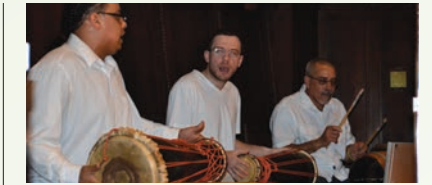


Partnerships

The Greater Harlem Chamber of Commerce joined with NYAM, the City University of New York, Harlem Hospital, Touro College, and Emblem Health to host the **Second Annual National Urban Health Conference**, focusing on urban ecology and its impact on our communities.

NYAM partnered with Mount Sinai's Manhattan Community Transformation Grant Coalition to host a **Healthy Food Walking Tour** in East Harlem as part of Food Day, a nationwide movement toward healthy, affordable, and sustainable food.

NYAM also worked with the Greater New York Hospital Association's **Health Information Tool for Empowerment (HITE)**, a directory of health and social services for New Yorkers, to add nutrition, exercise, and play options in East Harlem.

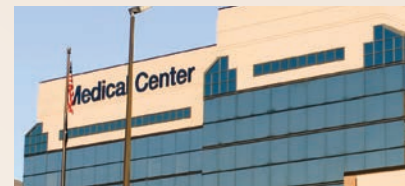


Cultural Series

NYAM piloted its **Culture, Humanities and the Arts** series in 2012 with a concert by pianist Robert DeGaetano, a staging of the opera *Semmelweis*, and, in partnership with the New Heritage Theater Group, a screening of the film *The Savoy King: Chick Webb and the Music that Changed America*. NYAM aims to become a cultural center attracting audiences from our local community and NYAM's health professions community to use the arts to explore the illness experience and the positive effects of cultural programming on health outcomes. This series envisions cultural programming as a bridge to the possibility of healthier lives for individuals, families, and communities.

Center for Cognitive Studies

NYAM's Center for Cognitive Studies in Medicine and Public Health (CCSMPH) is a multidisciplinary research unit devoted to evidence-based studies regarding how health professionals make decisions in complex clinical environments and the nature of errors that may be generated, as well as the role of technology in mitigating errors. The Center's research is guided by the overarching goals of developing new approaches and best practices for safe, effective, and efficient clinical environments.



2012 Overview

In 2012, the Center concentrated its research on improving patient safety and care quality in complex critical care environments. These initiatives were driven by the goals of developing comprehensive, empirically driven interventions that reduce clinical errors, streamline patient care transitions, develop better protocols for patient care, and integrate health information technology seamlessly in the clinical work environment. This focus was partly driven by a project funded by the James S. McDonnell Foundation (JSMF) on studying Cognitive Complexity and Error in Critical Care Practice. Research results from the Center's work appeared in numerous journal and conference publications in 2012.

nyam.org/ccsmph



Interventions for Error Reduction

The Center's evidence-based research has formed the basis for multiple clinical interventions that have been shown to improve clinical work activities. Two interventions conducted in partnership with the University of Texas-Houston are a virtual reality training program for residents for correcting and recovering from errors and a set of new clinical protocols for respiratory therapists to assist with weaning patients off artificial respiration.

Another successful intervention with UT-Houston and Memorial-Hermann Hospital centered on a new patient-care transition tool that outlines what information doctors should pass to others between hospital shifts in order to reduce information loss. The intervention study shows a significant reduction in information loss as well as

a reduction in other types of errors. This research earned the distinguished paper award from the American Medical Informatics Association in 2012.

A recent intervention study conducted in collaboration with Banner Health System in Arizona and Memorial Hermann Hospital in Texas used tracking devices in the ICU and ER—individual Radio Frequency Identifier Detector (RFID) electronic tags that doctors carry in their pockets—that allow tracking of their movements during interactions. This information is useful in determining how doctors can most efficiently distribute their tasks in order to reduce errors and to enhance the quality of communication.

Robert Wood Johnson Foundation Health & Society Scholars

NYAM continues to serve as the National Program Office for the Robert Wood Johnson Foundation Health & Society Scholars (HSS) Program, managing this intensive and highly competitive interdisciplinary educational and research program, which selects 12 post-doctoral and junior faculty scholars to receive two years of training at one of six universities: Columbia University, Harvard University, University of California (San Francisco and Berkeley), University of Michigan, University of Pennsylvania, and University of Wisconsin-Madison.



The Program

The HSS program is based on the principle that progress in the field of population health depends upon collaboration and exchange across disciplines and sectors. It is designed to produce leaders who will change the questions asked, the methods employed to analyze problems, and the range of solutions to reduce population health disparities and improve the health of all Americans.

Scholars focus on the methods and interdisciplinary research strategies needed to understand the multiple determinants of health and health disparities. As the HSS program celebrated its 10th anniversary in 2012, numerous scholars and alumni received prestigious honors and high profile media exposure. There are 145 alumni playing an important role in academic and policy positions across the country.

healthandsocietyscholars.org



Research

Jennifer Karas-Montez (2011-2013) had her study referenced in *The New York Times* (front page/above the fold) in the article "Life Expectancy Shrinks for Less-Educated Whites in U.S."

Aric Prather (2010-2012) published a journal article on sleep and antibody response to hepatitis B vaccination that received widespread, national media attention.

Mark Hatzenbuehler (2010-2012) published an article in the *American Journal of Public Health* that found that gay men who live in states where same-sex marriage is legal are healthier, have less stress, make fewer doctor visits, and have lower health-care costs.



Grants and Awards

José Pagán (2003-2005) received a \$7.3 million Health Care Innovations Award from the U.S. Department of Health & Human Services to lead a project that is expected to reduce hospital readmissions by 11.2% and potentially save Medicare \$9.3 million over three years.

Sara Shostak (2004-2006) is part of a team that received \$2 million from the National Institute of Neurological Disorders and Stroke to research the impact of epilepsy testing.

Tiffany Green (2007-2009) was the recipient of the 2012 Foundation for Child Development Young Scholars Program grant award.

David Van Sickle's (2006-2008) company, Asthmapolis, received FDA clearance for his inhaler sensor and also received HealthTech's Most Promising Company of 2012 award.

Awards, Grants, Fellowships, and Lectures

NYAM has a long tradition of recognizing excellence in achievements in medicine and public health with distinguished awards and of funding new research, fellowships, and lectureships through the generosity of donors who established endowed funds. We are honored to acknowledge NYAM's 2012 award recipients.

Academy Distinguished Awards

The Stephen Smith Medal for Distinguished Contributions in Public Health

Honorable Michael R. Bloomberg • Mayor of the City of New York

The Academy Medal for Distinguished Contributions in Biomedical Science

Elaine Fuchs, PhD • Rebecca C. Lancefield Professor in Mammalian Cell Biology and Development at The Rockefeller University and Investigator at the Howard Hughes Medical Institute

The John Stearns Medal for Distinguished Contributions in Medicine

Antonio M. Gotto, Jr, MD, DPhil • Dean Emeritus, Co-Chairman of the Board of Overseers, and Lewis Thomas University Professor at Weill Cornell Medical College and Vice President and Provost for Medical Affairs Emeritus of Cornell University

The Academy Medal for Distinguished Contributions in Health Policy

Karen Davis, PhD • President of The Commonwealth Fund

The Academy Plaque for Exceptional Service to the Academy

Gerald E. Thomson, MD • Lambert and Sonneborn Professor of Medicine Emeritus and former Senior Associate Dean at Columbia University

Research Fellowships and Awards

Mary and David Hoar Fellowship in the Prevention and Treatment of Hip Fracture (\$100,000)

Made possible through a grant from The New York Community Trust

Thuy-Tien L. Dam, MD

Columbia University College of Physicians and Surgeons. "Sarcompenia: an Important, Modifiable Mediator for Hip Fractures"

Glorney-Raisbeck Fellowship in Cardiovascular Diseases (\$60,000)

Daria B. Crittenden, MD

New York University School of Medicine. "Effects of Colchicine on

Cardiovascular Disease: Colchicine Use and the Risk of Myocardial Infarction in Patients with Gout"

Lewis Rudin Glaucoma Prize (\$50,000)

W. Daniel Stamer, PhD

Professor of Ophthalmology and Vision Science, University of Arizona College of Medicine. For the published article: "eNOS, a Pressure-Dependent Regulator of Intraocular Pressure," *Investigative Ophthalmology & Visual Science*, December 2011, 52(13): 9438-444.

The Audrey and William H. Helfand Fellowship in

the History of Medicine and Public Health (\$5,000)

Cindy Stelmackowich, MA, PhD

University of King's College and Dalhousie University, Halifax. "Picturing Pathology: Morbid Anatomy Diagrams, Pathological Atlases and Disease, 1800-1840"

Paul Klemperer Fellowship in the History of Medicine (\$5,000)

Katherine Arner • History of Medicine, Institute for the History of Medicine at Johns Hopkins University. "Making Yellow Fever Atlantic: Relocating America in the Geopolitics of Disease and Disease Knowledge in the Atlantic World, 1790-1830"

Lectureships

The Millie and Richard Brock Lecture, Award and Visiting Professorship in Pediatrics

Stephen R. Cook, MD, MPH

Assistant Professor of Pediatrics, University of Rochester Medical Center; Visiting Professorship, Cohen Children's Medical Center, North Shore-LIJ Medical Center. "Community Strategies for Childhood Obesity: A Five-Year Experience"

The Duncan Clark Lectures

Don Berwick, MD • Former Administrator, Centers for Medicare and Medicaid Services. "What Medical Professionalism Means in the Era of the Triple Aim"

Sherry Glied, PhD • Former Assistant Secretary, Planning and Evaluation, U.S. Department of Health and Human Services; Professor, Health Policy and Management, Mailman School of Public Health, Columbia University. "The Affordable Care Act: An Insider's View"

The Howard Fox Memorial Lecture

Torello Lotti, MD • Professor and Vice Chancellor, Università degli Studi Guglielmo Marconi, Rome, Italy. "Vitiligo: What's New - Update in 2012"

The Iago Galdston Lecture

Mark A. Largent, PhD

Historian of Science and Medicine, Director of the Science, Technology, Environment and Public Policy Specialization, James Madison College at Michigan State University. "Vaccine: The Modern American Debate"

The Edward N. Gibbs Memorial Lecture and Award in Nephrology

Qais Al-Awqati, MB, ChB

Robert F. Loeb Professor of Medicine, The Jay I. Meltzer Professor of Nephrology & Hypertension, Professor of Physiology and Cellular Biophysics, Columbia University. "Development of Nephrons and Kidneys: A Scenic Tour"

The John K. Lattimer Lecture

Carla Keirns, MD, PhD

Stony Brook University School of Medicine "Putting Asthma on the Map: Weather, Pollen, Pollution and the Geography of Risk"

The Dr. Steve Miller Humanism in Medicine Lecture, Supported by the Arnold P. Gold Foundation

Janet R. Serwint, MD • Professor of Pediatrics, Director of Pediatric Education, Associate Pediat-

rics training Program Director, Department of Pediatrics, Johns Hopkins University School of Medicine. "Humanism in Pediatric Death and Bereavement"

The Thomas William Salmon Lecture and Award in Psychiatry

Lecturer: **BJ Casey, PhD**

Director, Sackler Institute for Developmental Psychobiology, Professor of Developmental Psychobiology, Weill Medical College of Cornell University. "The Development of Fear: From Human Imaging to Mouse Genetics"

Medalist: **Michael I. Posner, PhD**

Professor Emeritus of Psychology, University of Oregon

The Lilianna Sauter Lecture

Susan M. Reverby, PhD

Wellesley College. "Escaping Melodramas: Historical Thinking and the Public Health Service Studies in Tuskegee and Guatamala"

Ferdinand C. Valentine

Lecture and Award

Demetrius H. Bagley, MD

The Nathan Lewis Hatfield Professor of Urology, Professor of Radiology, Jefferson Medical College. "Ureteroscopy: Then, Now, and the Future."

The Nahum J. Winer Lecture

Valentin Fuster, MD • Director of

Mount Sinai Heart, the Zena and Michael A. Wiener Cardiovascular Institute, and the Marie-Josée and Henry R. Kravis Center for Cardiovascular Health, Mount Sinai Medical Center. "Transition From Cardiovascular Disease to Health (2012-2020): The Challenge of Identifying Subclinical Disease"

Student Grants

The Glorney-Raisbeck Medical Student Grants in Cardiovascular Research (\$4,000)

Margarita Borovka "Efficacy of Treating Anemia in Heart Failure with a Preserved Ejection Fraction on Ventricular Function, Exercise Capacity and Health Status"

Patrick William Moody "Supplementation of bFGF to Aid Replacement Tissue Vascularization"

Hannah Rosenblum "Evaluation of Salt Sensitivity in Young Adults"

The David E. Rogers

Fellowship (\$4,000)

Alexandra Coromilas "HPV and Anal Dysplasia in HIV Positive Young Men who Have Sex with Men"

Sarah Jukaku "The influence of post-industrial economic decay on preterm birth and low birth weight: An ecologic study in Detroit"

Masayo Ozaki "Assessment of mortality due to Chagas disease in indigenous communities in Bolivia"

Edison Tsui "A Multi-language Population Health Management for the Care of Patients with Diabetes and Chronic Hypertension"

Victoria Claire Vaughan "Dial Del Mercado - cervical cancer screening in the marketplace"

The Ferdinand C. Valentine Medical Student Research Grants in Urology (\$3,500)

Neeti Bagadiya "Outcome analysis of post transrectal ultrasound guided prostate biopsy complications: Predictive factors of sepsis"

Joseph Crivelli "Targeting Bladder Cancer with Nanoparticle-mediated Microwave Thermotherapy"

Financial Report

THE NEW YORK ACADEMY OF MEDICINE STATEMENT OF FINANCIAL POSITION

For the year ended December 31, 2012, with comparison to December 31, 2011

	DECEMBER 31, 2012	DECEMBER 31, 2011
ASSETS		
Cash and cash equivalents	\$1,288,641	\$659,349
Investments	83,927,944	82,339,788
Contributions and grants receivable	3,697,894	4,965,066
Accounts receivable and dividend receivable	420,567	691,497
Prepaid expenses and other assets	204,397	158,328
Property and equipment	11,793,422	11,997,234
Beneficial interest in perpetual trust	232,521	241,344
Total Assets	\$101,565,386	\$101,052,606
LIABILITIES		
Accounts payable and accrued expenses	\$1,821,961	\$2,087,123
Grants payable	100,000	141,000
Total Liabilities	\$1,921,961	\$2,228,123
NET ASSETS		
Unrestricted	\$64,258,270	\$64,343,568
Temporarily restricted	24,068,727	23,354,333
Permanently restricted	11,316,428	11,126,582
Total Net Assets	\$99,643,425	\$98,824,483
Total Liabilities and Net Assets	\$101,565,386	\$101,052,606

The financial information in this report does not constitute audited financial statements in accordance with generally accepted accounting principles in the United States. A copy of the 2012 Audited Financial Statements can be obtained from our offices by writing the Office of Finance and Administration or by calling (212) 822-7219.

THE NEW YORK ACADEMY OF MEDICINE STATEMENT OF ACTIVITIES

For the year ended December 31, 2012, with summarized financial information for December 31, 2011

	UNRESTRICTED	TEMPORARILY RESTRICTED	PERMANENTLY RESTRICTED	2012 TOTAL	2011 TOTAL
OPERATING SUPPORT					
Grants and contributions	\$247,796	\$6,644,143	-	\$6,891,939	\$10,035,310
Special events revenue (net of direct benefit to donors of \$129,305 in 2012 and \$175,222 in 2011)	318,935	-	-	318,935	376,118
Total operating support	\$566,731	\$6,644,143	-	\$7,210,874	\$10,411,428
OPERATING REVENUES					
Investment earnings designated for current operations	\$6,335,952	-	-	\$6,335,952	\$6,767,659
Subscriptions and fees	1,804,192	\$15,875	-	1,820,067	1,459,760
Membership dues	125,229	-	-	125,229	138,710
Miscellaneous	463,911	-	-	463,911	451,738
Total operating revenue	\$8,729,284	\$15,875	-	\$8,745,159	\$8,817,867
Net assets released from restrictions for operations	7,044,908	(7,044,908)	-	-	-
Total operating support, revenues & reclassifications	\$16,340,923	(\$384,890)	-	\$15,956,033	\$19,229,295
OPERATING EXPENSES					
Program services	\$13,071,906	-	-	\$13,071,906	\$13,654,274
Management and general	3,910,422	-	-	3,910,422	4,710,358
Fund-raising	890,912	-	-	890,912	1,018,596
Total operating expenses	\$17,873,240	-	-	\$17,873,240	\$19,383,228
(Decrease) increase from operating activities	(\$1,532,317)	(\$384,890)	-	(\$1,917,207)	(\$153,933)
NON-OPERATING ACTIVITIES					
Grants and contributions	-	\$367,820	-	\$367,820	\$422,781
Permanently restricted contributions	-	-	\$100,310	100,310	233,534
Change in value of beneficial interest in perpetual trust	-	-	(8,823)	(8,823)	(6,205)
Insurance proceeds	\$267,264	-	-	267,264	-
Gain (Loss) on disposal of fixed assets	-	-	-	-	24,108,121
Investment (losses) not designated for current operations	911,935	999,284	98,359	2,009,578	(7,462,478)
Net assets released from restrictions for capital expenditures	267,820	(267,820)	-	-	-
Change in net assets	(\$85,298)	\$714,394	\$189,846	\$818,942	\$17,141,820
Net assets - January 1	64,343,568	23,354,333	11,126,582	98,824,483	81,682,663
Net assets - December 31	\$64,258,270	\$24,068,727	\$11,316,428	\$99,643,425	\$98,824,483

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We gratefully acknowledge these donors whose gifts, grants and bequests have supported NYAM's work during the year ending December 31, 2012.

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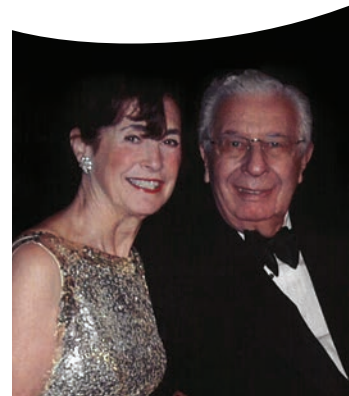
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Gala

On June 27, 2012, NYAM held its 18th Annual Gala and continued its tradition of honoring outstanding individuals and organizations that have made significant contributions to the quality of life and health of New York City and cities worldwide.



*More than 300 guests enjoyed an elegant evening of dinner and dancing at The Pierre Hotel. This year we had the distinct pleasure of honoring one of our board members, **Thomas L. Harrison**, CEO and Chairman of Diversified Agency Services, Omnicom Group and to present the Urban Health Champion Award to **Jack and Susan Rudin**. The Gala honor is our highest tribute to outstanding organizations and individuals who have made important contributions to health in our city. Special guests included New York State Health Commissioner **Dr. Nirav Shah**.*

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- Create environments in cities that support healthy aging
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