Dedicated to ensuring everyone has the opportunity to live a healthy life.
WE ASKED OUR COMMUNITY: WHAT DOES HEALTH EQUITY LOOK LIKE TO YOU?

Wayne J. Riley, MD, MPH, MBA, MACP
NYAM Trustee + Fellow
President, SUNY Downstate Medical Center

Health equity means reaching individuals with the greatest healthcare needs and removing obstacles and social ills. Whether we do this as physicians, as advocates, or through collaborative efforts, equity in healthcare is a sound investment to extend the life of any community.

Ray Lopez
Director of Programs + Director of Environmental Health
LSA Family Health Service

Working together for the common good. When health equity is achieved, everyone will have what they need to live a dignified life.

Aletha Maybank, MD, MPH
Deputy Commissioner, NYC Department of Health and Mental Hygiene
Director, Center for Health Equity

Health equity looks like the dismantling of systems of racism, white supremacy and oppression that drive health inequities. It looks like Black and Latinx families having the same expectation that their children will see their first birthday as White families do.
LETTER FROM THE PRESIDENT & CHAIRMAN

To our Fellows, Colleagues, and Supporters:

Over our 172-year history, NYAM’s focus has adapted to reflect and address the issues of the day. Healthcare in the U.S. is at an inflection point today, where despite having the highest per capita healthcare expenditures in the world, we do not have good outcomes and too many people do not have an equitable opportunity to live a healthy life. Structural and institutional barriers prevent many people from accessing necessary health-promoting resources such as safe and affordable housing and quality education.

It is our aim to address the institutional and systemic barriers to living a healthy life, particularly for people who have historically experienced inequalities. In 2018, we completed a comprehensive strategic visioning process and began the rollout of our evolved mission and vision for health equity. In the coming year, you will see new language, visuals, initiatives and events focused on building more equitable opportunities for health.

This report includes highlights of NYAM’s work in 2018 across the areas of research, evaluation, policy, community partnerships, and public engagement. This year, our publications, convenings and programs addressed key public health issues including maternal mortality, healthy aging, housing and health, diabetes prevention, and healthy food access. We continue to work with a range of local partners to advance health equity and economic development in our East Harlem community.

As an organization with nearly two centuries of history, NYAM understands the critical importance of addressing past inequities and acting in alignment with our current values. In 2018, we stood with our local East Harlem community and many others in calling for the removal of a statue that represented to so many an unacceptable history of medical racism, and in creating an inclusive and equitable process for selecting a replacement. We also took steps to address an act of racial discrimination in our own history by honoring Dr. James McCune Smith, a groundbreaking physician who was nominated for but withheld Academy fellowship in 1847.

Together, we will continue to make progress toward ensuring that everyone has the opportunity to live a healthy life.

Judith A. Salerno, MD, MS
President

James Flynn
Chairman, Board of Trustees
FOCUSED ON IMPACT

Through qualitative and quantitative research and evaluation, NYAM generates evidence that contributes to advancing health for all. We provide data-driven guidance to shape policies and programs, remove barriers to health, and strengthen the systems that foster healthy lives and healthy communities. Working closely with public agencies and other partners, we strive to ensure that all stakeholders, including community members, can contribute to finding solutions that are actionable, equitable and effective.
STRENGTHENING HEALTHY & EQUITABLE COMMUNITIES

Improving Health and Economic Development in East Harlem

NYAM partners with existing community networks and coalitions in East Harlem to create healthy food choices, physical activity options and economic opportunities within our community. As co-chair of the East Harlem Community Alliance Buy Local Committee and host of the Taste of East Harlem website, we promote a culture of buying local and connecting local businesses with opportunities to expand the markets they serve. In 2018, we partnered with the New York City Department of Health and Mental Hygiene (NYC DOHMH) to produce the Taste of East Harlem Healthy Catering Guide, which promotes healthy options by highlighting local vendors that meet the New York City Food Standards, an evidence-based nutrition policy mandated in all City agencies and voluntarily adopted by many institutions and organizations.

We are also active in the process of working to revitalize La Marqueta, a historically significant market and cultural icon in East Harlem, in order to increase access to fresh and healthy foods and have a positive impact on community and economic development. As a founding member of the Friends of La Marqueta, with representation on its Board of Directors, NYAM plays a leadership role in advancing the redesign of the public market and ensuring that the input of local residents is considered throughout the process.

Raising Voices of New Yorkers

As part of our longstanding work with the New York City Population Health Improvement Program (PHIP), NYAM gathers community perspectives on key topics to generate recommendations on how to best achieve health equity in NYC. In 2018, we released focus group reports on housing and on mental health.

Upcoming 2019 Initiative

In 2018 we established the East Harlem Action Collaborative (EHAC) for Child Health and Well-Being, which formally launches in 2019. The collaborative brings together the trusted voices of resident caregivers, front-line workers and NYAM to determine solutions and recommendations for a better tomorrow.
The first report, “Housing and Health in New York City: Perspectives from Low-Income Communities,” details the impact of housing-related challenges on the physical and mental well-being of low-income New Yorkers. These challenges range from poor housing quality and safety issues to the stress of rising rents and dealing with negligent landlords. Its findings underscore the need to effectively address inequities in housing and improve collaboration between the health and housing sectors.

The second report, “Community Perspectives: Focus Group Findings on Mental Health,” draws from the experiences of a diverse group of New Yorkers, with and without a diagnosed mental disorder. It further documents the influence of social and economic factors, as well as individual life experiences, on mental health. These findings highlight how poverty and inequities can compound and exacerbate poor mental health.

Raising Awareness of the Non-medical Factors That Influence Health

Researchers estimate that 80% of our health is influenced by factors other than medical care: everyday behaviors, the environments around us, and upstream social and economic factors. When streets are safe, healthy foods are accessible and quality housing affordable, our communities can be healthier. This new collaborative PSA campaign and video series raised awareness of the ways in which street design, food insecurity and housing conditions can influence health, and encouraged people to advocate for positive change.
Strengthening Clinical-community Partnerships

Health care reform initiatives have increasingly focused on the non-clinical factors that influence health, such as housing, food security, employment, and education. To further these efforts and improve health requires strong partnerships between health care organizations (HCOs) and community-based organizations (CBOs). NYAM partnered with the Greater New York Hospital Association to examine these partnerships. Jointly, the two organizations released the report “Partnerships between New York City Healthcare Institutions and Community-Based Organizations: A Qualitative Study on Processes, Outcomes, Facilitators, and Barriers to Effective Collaboration,” which aims to help HCOs and CBOs build new partnerships or enhance existing ones to better support the needs of their patients, clients and communities.

Upcoming 2019 State & City Initiatives

NYAM’s work continues to advance the Triple Aim of better health, better care and lower costs in New York State through the evaluation of the New York State Innovation Model (SIM), and research to support consumer empowerment within the New York Delivery System Reform Incentive Payment (DSRIP) program. Both programs are federal and state-supported initiatives to keep New Yorkers healthy and out of the hospital, and to support integrated, patient-centered primary care.

In partnership with the NYC DOHMH, NYAM established a data-driven, multi-institutional research collaboration to promote health equity. Supported by the Robert Wood Johnson Foundation, Health Data for New York City (HD4NYC) aims to generate research that provides actionable insights that inform policies and programs addressing health disparities.
Leveraging Health Technology to Improve Safety

An optimized clinical workflow is central to the safe and effective delivery of the right care to the right patient at the right time. Despite the intended goal to improve workflow, health information technology, such as electronic health records (EHRs), paradoxically can become a notable disruption to seamless patient care. With a four-year RO1 grant from the Agency of Health Care Research and Quality, NYAM researchers empirically investigated the effects of EHRs on efficiency and care quality in two urban emergency departments. They found that, with a deeper understanding of how clinicians work in complex environments, these modern tools can alleviate clinicians’ burden by making some clinical processes more efficient without compromising patient safety.

Spreading Advocacy in Medicine

A committee of medical students from nine New York City-area schools organized the Advocacy in Medicine (AIM) conference with support from NYAM and the NYC DOHMH Center for Health Equity. The conference brought together 200 medical students and trainees to learn about health advocacy methods and social issues that influence health and well-being, including gun violence, criminal justice reform, the opioid epidemic, and immigration and refugee health. AIM’s ongoing goals are to bring together healthcare advocates and trainees from various local institutions, provide the skills to integrate advocacy into all scopes of future healthcare practice, and create a sustainable student alliance to organize future healthcare professionals to bring about social change. In 2019 AIM will become a formal NYAM workgroup and host its second conference.

André Belarmino, MD Candidate, 2019, Weill Cornell Medicine

Student Organizer
Advocacy in Medicine Conference

Health equity to me is getting rid of the notion that some patients are VIP and others are Medicare. It is assuming that each patient has someone that loves and cares for them and that their life is worth saving.
Creating an Age-friendly Brooklyn

Building on the success of the Age-friendly NYC and Age-friendly Neighborhoods initiatives, NYAM partnered with the Brooklyn Borough President’s Office to spread and scale existing age-friendly practices, policies, and programs throughout the borough. In collaboration with additional Brooklyn-based city and community partners, Age-friendly Brooklyn is working to catalyze new opportunities for health and social, physical and economic participation; regularly solicit feedback from older people about their quality of life to inform neighborhood planning processes; better connect older people with information and resources in age-neutral spaces; and mobilize older people and their service providers to promote local age-friendly change.

Using Data Visualization to Inform an Age-friendly City

Created in partnership with the CUNY Mapping Service at the Center for Urban Research/CUNY Graduate Center with support from The Fan Fox and Leslie R. Samuels Foundation, IMAGE:NYC, the Interactive Map of Aging, is a data visualization tool that displays demographic data for New York City’s population aged 65 and older as well as the distribution of many types of aging and health care services across the city’s neighborhoods. The map was designed as a resource for government agencies, elected officials, healthcare and social service providers, planners, funders and researchers. Its aim is to facilitate more informed planning and more equitable and localized

Health Equity in Journalism

The 2018 Health Equity Journalism Prize celebrates journalists whose work tackles issues of inequity, including the structural and symbolic barriers to good health. The prize recognized a team of journalists from ProPublica and NPR for “Lost Mothers,” a groundbreaking multi-media series that illuminated the maternal mortality crisis in the U.S. This series helped move the issue of maternal mortality and its deep disparities to the forefront of public awareness.
deployment of resources for older people; contribute to better delivery of culturally and linguistically competent social services and health care; and catalyze connections within and between sectors, institutions and individuals.

**Ensuring Financial Wellness for Longer Lives**

As people age, they often face significant challenges to financial health, including difficulty planning and saving for retirement, age discrimination in the workplace, housing and health care expenses, inaccessible digital and physical space, diminished capacity to manage finances, and increased vulnerability to fraud and abuse. NYAM partnered with the Global Coalition on Aging, AARP New York and Bank of America Merrill Lynch to host a conference on Financial Wellness for Longer Lives: New Approaches to Working and Saving, release a symposium report and create a webpage of resources for professionals in the aging and financial services sectors. The report features key insights and actions that the financial services sector, employers of all sizes and the government can take to improve the financial wellness of millions of aging Americans now and in the future.

**Building Community Through Arts and Culture**

Arts and cultural organizations can enhance the lives of older people in their communities by creating opportunities for participation and social engagement, helping to reduce isolation. In order to better inform local organizations about the benefits and process of engaging older adults, Age-friendly NYC released the printed and digital toolkit Building Community through Arts and Culture. The toolkit shares tips and resources on implementing age-friendly practices and programming, as well as success stories from institutions including the Brooklyn Academy of Music and the Museum of Modern Art.

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Arlene Shaner, MA, MLS

Historical Collections Librarian

NYAM

*If knowledge is power, then health equity means access to knowledge, both on an individual level and as part of a community. It’s a guarantee that our collections are available to everyone, in whatever way they choose to engage with us.*
Reducing Maternal Mortality in New York

Despite some progress, New York State still has an unacceptably high rate of maternal death, and maternal death ratios among black women are three to four times higher than among white women. The 2018 New York Maternal Morality Summit at NYAM brought together nearly 600 health professionals to discuss the opportunities and challenges ahead in addressing these issues across the state. The Summit yielded a white paper, “Recent and Ongoing Initiatives in New York to Reduce Maternal Mortality,” in addition to the conference proceedings. The Summit was funded by Merck & Co., Inc. to advance the goals of Merck for Mothers, and made possible through partnerships with the NYSDOH, NYC DOHMH, Healthcare Association of New York State, Greater New York Hospital Association and American College of Obstetricians and Gynecologists, District II.

Upcoming 2019 Initiatives

This year, New York Governor Andrew Cuomo issued an executive order requiring state entities to consider health and aging across all planning, policy and procurement decisions. Through a public-private partnership co-funded by the Health Foundation of Western and Central New York and the New York State Office for the Aging, NYAM will lead a technical assistance program supporting implementation of the executive order at the county level across the state.

Ram Raju, MD, MBA, FACS

NYAM Trustee
Senior Vice President and Community Health Investment Officer, Northwell Health

Health equity can’t be achieved without social equity.
We must begin by addressing social barriers to create health equity for all.
FOSTERING HEALTHY BEHAVIORS & WELLNESS

Improving Health and the Economy Through Local Food Procurement

NYAM partnered with American Farmland Trust to release “On the Plate at SUNY,” the second report investigating the purchasing of local foods by New York State institutions. The report found that if SUNY, the largest university system in the U.S., were to allocate 25% of its existing $150 million annual food budget toward New York-grown and minimally-processed foods, it would create $54 million in economic activities in New York and have the potential to improve health and food security for more than 430,000 students.

Translating the National Diabetes Prevention Program to Engage Men

The National Diabetes Prevention Program (NDPP) has been shown to reduce diabetes risks in diverse populations, but enrollment among men of color and men from low-income communities is low. Working with the Albert Einstein College of Medicine and Pittsburgh School of Public Health, NYAM researchers adapted the NDPP to better engage men and published three articles in the American Journal of Men’s Health that document the implementation and results from the pilot Power Up for Health program for men in lower-income communities New York City.

Upcoming 2019 Initiatives

NYAM received a four-year, $3.15 million grant from the National Institutes of Health to inform diet-related interventions to prevent cardiovascular diseases across New York City. The project, entitled Assessment of Policies through Prediction of Long-term Effects on Cardiovascular Disease Using Simulation (APPLE CDS), aims to develop computer simulation analytics to assess the effectiveness and cost-effectiveness of an array of food policies and programs across a variety of NYC neighborhoods.
Assessing the Role of Price in Fruit and Vegetable Consumption

Lack of access and high costs are two reasons that most New York City residents consume less than the recommended amount of fruits and vegetables. Using an agent-based model, NYAM researchers estimated the impact of several potential interventions designed to improve access and reduce the price of fruits and vegetables at the neighborhood level. The journal Preventive Medicine published the study, which exemplifies NYAM’s novel analytic approach aimed at informing policies and programs tailored to specific populations with health disparities.

Yan Li, PhD
Research Scientist, NYAM

Health equity means everyone should be able to afford fresh fruits and vegetables, have access to parks and places where they can exercise, feel safe in their neighborhood, and be able to spend quality time with their families and loved ones.

Kumbie Madondo, PhD
Research Scientist, NYAM

Health equity is when we have a society in which every person lives the healthiest life they can, including historically marginalized minorities, low-income individuals, people with disabilities, immigrants, and the LGBTQ community.
Through our robust public programming, NYAM is leading the conversation on critical health issues and addressing health equity. We bring together prominent experts for thoughtful and informative discussion and insights into the past, present, and future of health. In 2018 we launched Talking Health, a new series of high-profile programs for large and diverse audiences. These included a sold-out evening with four former U.S. Surgeons General and a major exhibition and event series co-curated with the Museum of the City of New York.

**Germ City: Microbes and the Metropolis**

In September, we launched a significant public programming partnership: the co-curated exhibition *Germ City: Microbes and the Metropolis* at the Museum of the City of New York. Over its eight-month run through April 2019, *Germ City* engaged approximately 350,000 visitors in learning about New York City’s long battle with infectious diseases, from tuberculosis to HIV/AIDS. The exhibition featured 58 items from our Library’s collections, including pamphlets, postcards, letters and objects related to the treatment of disease. We also organized a series of related panel discussions and walking tours from November 2018 through June 2019 that addressed the impacts, treatment and prevention of infectious diseases. *Germ City* and its related programming were supported by Wellcome as part of Contagious Cities, an international cultural project exploring epidemic preparedness through partnerships in Berlin, Geneva, Hong Kong and New York.
America’s Doctor: Reflections on Being the Surgeon General

The first event of its kind in New York, “America’s Doctor” brought together four former U.S. Surgeons General—Drs. Antonia Novello, Joycelyn Elders, David Satcher and Richard Carmona—for an intimate conversation. Dr. Freda Lewis-Hall, Chief Patient Officer and Executive Vice President of Pfizer Inc., moderated a lively discussion with these four public health trailblazers about key health issues and what it takes to ensure the health of a nation. The sold-out October 15 event was covered in a New York Times feature article. The following morning, the Surgeons General returned to NYAM for a private breakfast with invited guests and an exclusive tour of Germ City, during which they shared their own experiences with addressing infectious disease during their tenures.

“We feel that every criminal has a constitutional right to a lawyer, but we in this country do not feel that every baby has a right to a doctor. If you want something to change, we have to change the policies.”

Dr. Joycelyn Elders
15th Surgeon General of the U.S.
To Err Is Human: A Patient Safety Documentary

NYAM partnered with United Hospital Fund and IPRO to host a sold-out advance screening of the documentary *To Err is Human* on November 12. The screening was followed by a discussion with filmmaker Mike Eisenberg and a panel of experts on how we can collaboratively make tangible improvements in the healthcare system for better patient outcomes.

“WE COULD PREVENT MANY OF THESE DEATHS IMMEDIATELY IF WE JUST PUT IN THE EFFORT.”

MICHAEL MILLENSON
TRAINED NURSE, LEAD SAFETY OFFICER, NYU HOSPITAL
NYAM’s annual Discourse & Awards event on November 1 featured an engaging talk by Dr. Georges C. Benjamin, Executive Director of the American Public Health Association, on health inequities and the role that a new social compact could play in reducing disparities and achieving health for all. The theme of health equity carried through the evening as awards were presented to our distinguished 2018 honorees, Dr. Wendy Chung, Dr. Freeman A. Hrabowski, III, Dr. Wafaa El-Sadr, Dr. Patricia Bath, and Dr. Jo Ivey Boufford.

“I believe that healthcare is a fundamental human right. We’re the only industrialized nation in the world that has not said as part of our social compact that each person deserves quality healthcare.”

Georges C. Benjamin, MD
International Conference on Urban Health

NYAM’s International Society for Urban Health co-hosted the 2018 International Conference on Urban Health in Kampala, Uganda from November 26–30 along with the Uganda National Academy of Sciences and Elsevier. The conference, “Managing Urbanisation for Health: A Priority for All Nations,” convened researchers, practitioners, policymakers, health and urban stakeholders and community leaders to exchange ideas and advance research and practice across sectors in a rapidly urbanizing world.

New Library Digital Collections

Our Library launched two new digital collections in 2018, providing scholars, students and the general public worldwide with access to significant materials from our world-class collections in the history of medicine and public health. *Facendo Il Libro: The Making of Fasciculus Medicinae, an Early Printed Anatomy* features full scans of five editions printed between 1495 and 1522 of the Fasciculus Medicinae, which contains the earliest realistic anatomical images in print and the earliest scenes of dissection anywhere. The William S. Ladd Collection of Prints consists of 671 prints, primarily portraits of figures in medicine and science, dating from the 17th century through the early 19th century. These prints have importance as artifacts, as well as works of art, because they lend a personal dimension to the study of the history of medicine and science.

FELLOWS & MEMBERS 2018 SNAPSHOT

100 New Fellows & Members Inducted

20 Sections & Workgroups

34 Events

3,460 Attendees

LIBRARY 2018 SNAPSHOT

1700 Reference Requests

418 Users in the Library

90 Tours

563 Tour Participants

24 Classes
ADDRESSING THE PAST FOR A MORE EQUITABLE FUTURE

As a health equity-focused organization with nearly two centuries of history, NYAM understands the critical importance of acknowledging and addressing past inequities and acting in the spirit of inclusion and diversity that we stand for today.

J. Marion Sims Statue Removal & Replacement

NYAM stood with our local East Harlem community and many others in calling for the removal of a statue that represented to so many an unacceptable history of medical racism, and in creating an inclusive and equitable process for selecting a replacement. Dr. J. Marion Sims was a physician who gained fame in Western medicine for advances in gynecology that he perfected through experiments on enslaved African-American women, and since 1934 his statue had stood in Central Park across from NYAM’s building. After decades of community and global activism, in April 2018 the statue was removed and relocated to Dr. Sims’ burial place at Green-Wood Cemetery in Brooklyn. In support of the community’s efforts, NYAM released a public statement, wrote a letter to Mayor Bill de Blasio and provided testimony to the New York City Public Design Commission calling for the statue’s removal.

To envision what might replace the statue, NYAM joined several city agencies and community partners in forming the Committee to Empower Voices for Healing and Equity, which held a series of events seeking community input at every step of the artwork replacement process. As an extension of this process, we consulted community partners to determine additional topics of interest for public programming to assist us in launching a new event series in 2019 that examines ongoing issues of race and health.
In 2018, we also took steps to address a 171-year-old act of racial discrimination in our own institutional history. Shortly after The New York Academy of Medicine’s founding in 1847, Dr. James McCune Smith, a prominent African-American physician and pharmacist in New York City, was nominated for Academy fellowship that was ultimately withheld. At our 171st Anniversary Discourse & Awards ceremony, we reversed that decision and honored Dr. McCune Smith with an award of posthumous fellowship, accepted by a representative of the McCune Smith descendants. The ceremony also featured the unveiling of a portrait of Dr. McCune Smith, painted by Haitian artist Junior Jacques and donated by one of our Fellows, Dr. Daniel Laroche.

“Dr. McCune Smith’s story is 171 years old but has relevance to the inequities of today. While this award cannot change our past, we hope that this recognition will help define our values as an organization going forward.”

Judith A. Salerno, MD, MS
NYAM President
NYAM’s donors, sponsors and partners form a community with a shared vision—a world where everyone can live a healthy life. Their generosity continues to drive change to advance health equity.

Since 2003, The Ambrose Monnell Foundation has contributed more than $300,000 in general operating support, with the most recent gift of $25,000 in 2018 to NYAM’s #HealthEquityMatters campaign. The foundation’s generous investment enables us to continue to conduct research to generate new knowledge that advances health for all.

New funding from the Doris Duke Charitable Foundation was used to launch the East Harlem Action Collaborative for Child Health and Well-Being, which will launch in 2019. The $100,000 grant will enable us to bring together the trusted voices of resident caregivers, front-line workers and NYAM to determine solutions and recommendations for a better tomorrow.

**NYAM’s 2018 Gala**

More than 350 leaders in health, medicine, business, finance, media and government gathered at NYAM’s 22nd Annual Gala to honor Dr. Freda Lewis-Hall, Chief Patient Officer and Executive Vice President of Pfizer Inc. and Dr. Ruth Lubic, Founder and President Emeritus of D.C. Developing Family Centers, for their remarkable contributions to public health. NPR and ProPublica also received the Health Equity Journalism Prize for their groundbreaking Lost Mothers series. The event drew attention to the maternal mortality crisis and efforts to improve maternal health, as well as the importance of removing the barriers to good health for all. Together, we raised more than $1 million to support NYAM’s work.

**Annual Celebration of the Library**

NYAM Library donors ensure a legacy of invaluable insights into historical efforts to understand health and illness, which can serve to illuminate today’s critical issues. We hosted the 2nd Annual Celebration of the Library to thank and honor everyone who has helped continue to build and maintain our world-class collections. The event showcased the Library’s most recent acquisitions and featured a talk by Dániel Margócsy on “Reading Vesalius Across the Ages,” exploring how this 16th century atlas of anatomy became the most coveted rare book for collectors in the 21st century.

**Annual President’s Society Reception**

Dr. Judith Salerno and NYAM’s executive leadership team hosted the annual President’s Society reception to celebrate and honor the generosity and commitment of NYAM’s donors. The President’s Society is a philanthropic giving society of forward-thinking individuals whose annual support continues to advance our work. Following the reception, members enjoyed private tour of the exhibition *Germ City: Microbes and the Metropolis* at the Museum of the City of New York led by Anne Garner, Curator of Rare Books and Manuscripts in our Library and co-curator of the exhibition.
## President’s Society

### City Visionaries $100,000+
- James and Kerianne Flynn

### Empire Laureates $25,000 - $49,999
- Harry and Andrew H. Rosenthal Foundation
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- Sherine Gabriel
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- Mark and Helene Kaplan
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- Wayne Riley
- Judith A. Salerno

### Metropolitan Partners $5,000 - $9,999
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- The Charina Foundation
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- Elsa-Grace Giardina and Alan Saroff
- Norman and Ramsay Goldstein
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- Edmund Pajarillo
- Pine Tree Foundation of New York
- Claire Pomeroy

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- Merly Abrenica
- Nancy Alcock-Hood
- Jeremiah and Linda Barondess
- Margaret Barton-Burke
- Bobbi and Richard Berkowitz
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- Beth Finkel
- Eugene and Susan Flamm
- James Goodrich
- Lucy Holmes
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Health equity is when individuals, communities, health-care providers, scientific organizations, and governments work together to embrace our shared human obligations to each other and to improved healthcare access.
DONORS

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- The Health Foundation of Western & Central New York
- New York City Human Resources Administration

$50,000 - $99,999
- Alzheimer’s Association
- NewYork-Presbyterian Hospital
- Novartis Foundation
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- Wellcome Trust

$25,000 - $49,999
- Bristol-Myers Squibb Foundation
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WPP Health & Wellness

$5,000 - $9,999

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Bronx–Lebanon Hospital Center  
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Nassau Suffolk Hospital Council  
New York City Department of Health and Mental Hygiene  
New York State Health Foundation  
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Lloyd Sederer
Giovanni Selvaggi
Ruby Senie
Susan Shaw
Jacob and Joyce Shragowitz
Charley Siegal
Asgeir Sgurðsson
Nancy Siraisi
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Elihu Sussman
Udai Tambar
Paul Theerman
Amy Ting
Richard Ting
Chido Tsemunhu
University of Illinois at Chicago
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Paul Vitale
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The Ohio State University Wexler Medical Center
“An innovative program with patient-centered aims related to the clinical transaction that focuses on interpersonal skills to impact patient and physician outcomes”

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New York–Presbyterian Hospital/Columbia University Medical Center
“Elucidating Mechanisms of Calcium Channel Regulation in the Heart”

THE AUDREY AND WILLIAM H. HELFAND FELLOWSHIP IN THE HISTORY OF MEDICINE AND PUBLIC HEALTH

JULIE POWELL
The Ohio State University
“Body Politics: Gender and the Internationalization of Prosthetic Care, 1914–1925”

THE PAUL KLEMPERER FELLOWSHIP IN THE HISTORY OF MEDICINE

ANDREW SEATON
New York University
“The British National Health Service in Anglo–American Debate, 1948 to the Present”

THE FERDINAND C. VALENTINE FELLOWSHIP FOR RESEARCH IN UROLOGY

JENNIFER REIFSNYDER, MD
Cohen Children’s Medical Center – Northwell Health
“Noninvasive Detection of Potential for Renal Damage in Pediatric Patients with Vesicoureteral Reflux Using Dynamic Range Ultrasonography”

RUSSELL HAYDEN, MD
Weill Cornell Medicine
“The Role of Long Non–coding RNAs”
2018 ENDOWED LECTURES

THE HOWARD FOX MEMORIAL LECTURE
RUTH ANN VLEUGELS, MD, MPH
Director, Autoimmune Skin Disease Program, Brigham and Women’s Hospital
Co-Director, Rheumatology–Dermatology Clinic at Boston Children’s Hospital
“Case Based Pearls from the Dermatology–Rheumatology Clinic”

THE IAGO GALDSTON LECTURE
PAUL BRAFF
Temple University
“Who Needs a Doctor?: The Challenge of National Negro Health Week to the Medical Establishment”

THE FERDINAND C. VALENTINE LECTURE IN UROLOGY
JOSEPH A. SMITH, JR, MD
William L. Bray Professor of Urologic Surgery, Vanderbilt University – Ingram Cancer Center
“The Role of Surgery in the Future Management of Urologic Cancers”

THE JOHN K. LATTIMER LECTURE
CHIN JOU, PhD
University of Sydney
“The Obesity Epidemic and Fast Food Marketing to African Americans”

2018 STUDENT GRANTS

THE GLORNEY-RAISBECK MEDICAL STUDENT GRANTS IN CARDIOVASCULAR RESEARCH
KAREL-BART CELIE
Joan & Sanford I. Weill Medical College of Cornell University
“The Role of a Novel Differential Density Hydrogel in Improving Angiogenesis”

CHRISTOPHER GRUBB
Columbia University College of Physicians and Surgeons

RUINA ZHANG
New York University School of Medicine
“Changes in Thrombotic Risk in Pre– and Post–Bariatric Surgery Patients via HDL Modulation of Megakaryocytic Cholesterol Content”

THE FERDINAND C. VALENTINE MEDICAL STUDENT RESEARCH GRANTS IN UROLOGY
JEFFREY ARACE
New York University School of Medicine
“Screening for Prostate Cancer in the Elderly”

SINA MEHRABAN FAR
Stony Brook Medical Center
“A randomized controlled trial comparing the efficacy of a condensed 6-week protocol to the standard 12-week protocol of percutaneous tibial nerve stimulation (PTNS) in the treatment of overactive bladder”
DORA JERICEVIC
New York University School of Medicine
“Measures of Visceral Fat and Partial Nephrectomy Perioperative Outcomes”

ALEX XU
SUNY Downstate College of Medicine
“15 Year Mortality After Radical Prostatectomy for Localized Prostate Cancer in the Prostate-Specific Antigen Screening Era”

THE DAVID E. ROGERS STUDENT FELLOWSHIP AWARD FOR MEDICAL AND DENTAL STUDENTS

STACEY MARTINEZ
Mount Sinai Hospital
“Linkage to Care Pilot in At-Risk Women of Childbearing Age”

LAI YU TSANG AND CHRISTINE PARDO
Centre ValBio U.S. Headquarters, Stony Brook University
“DrOTs: A Social Network Analysis to TB Transmission and Redefining TB Screening Through the Assessment of Indoor Air Pollution in Remote Communities”

EILEEN WANG
Icahn School of Medicine at Mount Sinai
“Racial/Ethnic Disparities in Severe Maternal Morbidity and Very Low Birth Weight Babies: A Qualitative Study on Women’s Experiences of Peripartum Care”

KAYLI WORKMAN
Institute of Human Virology, University of Maryland School of Nursing
“First Assessment of Injection Drug Use Practices and Associated HIV Risks in Kigali, Rwanda”

ARIEL YANG AND NAHID BAKHARTI
Centre ValBio U.S. Headquarters, Stony Brook University
“Evaluating an Artificial Neural Network Smartphone Application for Point-of-Care Diagnosis of Soil-Transmitted Helminthiases”

CINDY ZHAO
Hospital of the University of Pennsylvania
“Which Surgeons Should We Recommend to Vulnerable Patients?”

THE MARGARET E. MAHONEY FELLOWSHIP PROGRAM

CILGY ABRAHAM
Columbia University School of Nursing
“Heart Yourself: Fighting Heart Disease in Women”

ARUSHI ATLURI
Columbia University College of Dental Medicine
“Assess the Healthcare Changes Underway in the U.S. and Their Implications for the Careers of Today’s Dental Students”

KATHERINE DONOVAN
Icahn School of Medicine at Mount Sinai
“Exploration of Specific Interventions to Address Unmet Mental Healthcare Needs in East Harlem”

JOSEPH GEIGER
New York University College of Dentistry
“State Level Variation in Practice Acts and the Impact on Access to Health”

KURT KOHLER
Lewis Katz School of Medicine at Temple University
“Trauma Alert! How Social Complexity Contributes to Medical Complexity”
MATEO MENDOZA
University of Cincinnati College of Medicine
“Language Barriers to Cancer Diagnosis & Treatment: A Systematic Review”

ANNE YANG
Rutgers New Jersey Medical School
“Characterize the Quality of Care Received by New Jersey Medicaid Patients with Advanced Cancer and Identify Areas for Care Improvement for Patients with Advanced Cancer”

JEREMY ZIRING
New York University School of Medicine

Andrew Seaton
2018 Klemperer Fellow in the History of Medicine

The inability to afford care has prevented marginalized groups in society from enjoying full and healthy lives. To me, health equity means ending the financial barriers to accessing good healthcare.
## Statement of Financial Position

<table>
<thead>
<tr>
<th>ASSETS</th>
<th>DECEMBER 31</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>2018</td>
</tr>
<tr>
<td>Cash and cash equivalents</td>
<td>$503,132</td>
</tr>
<tr>
<td>Contributions and grants receivable, net</td>
<td>2,615,275</td>
</tr>
<tr>
<td>Accounts receivable</td>
<td>189,457</td>
</tr>
<tr>
<td>Prepaid expenses and other assets</td>
<td>123,543</td>
</tr>
<tr>
<td>Investments</td>
<td>62,076,330</td>
</tr>
<tr>
<td>Property and equipment, net</td>
<td>8,380,651</td>
</tr>
<tr>
<td>Beneficial interest in perpetual trust</td>
<td>172,872</td>
</tr>
<tr>
<td></td>
<td><strong>$74,061,260</strong></td>
</tr>
</tbody>
</table>

### LIABILITIES AND NET ASSETS

<table>
<thead>
<tr>
<th>Liabilities</th>
<th>DECEMBER 31</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>2018</td>
</tr>
<tr>
<td>Accounts payable and accrued expenses</td>
<td>$879,839</td>
</tr>
<tr>
<td>Grants payable</td>
<td>153,650</td>
</tr>
<tr>
<td>Deferred income</td>
<td>202,649</td>
</tr>
<tr>
<td><strong>Total Liabilities</strong></td>
<td>1,236,138</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Net Assets</th>
<th>DECEMBER 31</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>2018</td>
</tr>
<tr>
<td>Without donor restrictions</td>
<td>39,068,901</td>
</tr>
<tr>
<td>With donor restrictions</td>
<td></td>
</tr>
<tr>
<td>Time or purpose restricted</td>
<td>21,950,031</td>
</tr>
<tr>
<td>Investments held in perpetuity</td>
<td>11,806,190</td>
</tr>
<tr>
<td><strong>Total With Donor Restrictions</strong></td>
<td>33,756,221</td>
</tr>
<tr>
<td><strong>Total Net Assets</strong></td>
<td>72,825,122</td>
</tr>
<tr>
<td></td>
<td><strong>$74,061,260</strong></td>
</tr>
</tbody>
</table>
## Statement of Activities

### YEAR ENDED DECEMBER 31, 2018

<table>
<thead>
<tr>
<th></th>
<th>Without Donor Restrictions</th>
<th>Time or Purpose Restricted</th>
<th>Investments Held in Perpetuity</th>
<th>2018 Total</th>
<th>2017 Total</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>OPERATING ACTIVITIES</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Operating Support</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Grants and contributions</td>
<td>$ 169,463</td>
<td>$ 6,390,991</td>
<td>$ -</td>
<td>6,560,454</td>
<td>5,054,332</td>
</tr>
<tr>
<td>Special events revenue</td>
<td>763,924</td>
<td>-</td>
<td>-</td>
<td>763,924</td>
<td>705,482</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total Operating Support</td>
<td>933,387</td>
<td>6,390,991</td>
<td>-</td>
<td>7,324,378</td>
<td>5,759,814</td>
</tr>
<tr>
<td><strong>Operating Revenues</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Investment return designated for current operations</td>
<td>4,341,104</td>
<td>-</td>
<td>-</td>
<td>4,341,104</td>
<td>4,536,616</td>
</tr>
<tr>
<td>Subscriptions and fees</td>
<td>2,510,510</td>
<td>42,229</td>
<td>-</td>
<td>2,552,739</td>
<td>2,647,818</td>
</tr>
<tr>
<td>Membership dues</td>
<td>154,590</td>
<td>-</td>
<td>-</td>
<td>154,590</td>
<td>164,000</td>
</tr>
<tr>
<td>Miscellaneous</td>
<td>475,562</td>
<td>17,602</td>
<td>-</td>
<td>493,164</td>
<td>472,300</td>
</tr>
<tr>
<td>Net assets released from restrictions for operations</td>
<td>5,965,235</td>
<td>(5,965,235)</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Total Operating Activities</td>
<td>14,380,388</td>
<td>485,587</td>
<td>-</td>
<td>14,865,975</td>
<td>13,580,548</td>
</tr>
<tr>
<td><strong>OPERATING EXPENSES</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Program services</td>
<td>10,461,323</td>
<td>-</td>
<td>-</td>
<td>10,461,323</td>
<td>11,666,238</td>
</tr>
<tr>
<td>Management and general</td>
<td>3,493,156</td>
<td>-</td>
<td>-</td>
<td>3,493,156</td>
<td>3,386,151</td>
</tr>
<tr>
<td>Fundraising</td>
<td>1,040,417</td>
<td>-</td>
<td>-</td>
<td>1,040,417</td>
<td>1,047,095</td>
</tr>
<tr>
<td>Total Operating Expenses</td>
<td>14,994,896</td>
<td>-</td>
<td>-</td>
<td>14,994,896</td>
<td>16,099,484</td>
</tr>
<tr>
<td>Change in Net Assets from Operations</td>
<td>(614,508)</td>
<td>485,587</td>
<td>-</td>
<td>(128,921)</td>
<td>(2,518,936)</td>
</tr>
<tr>
<td><strong>NON-OPERATING ACTIVITIES</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Permanently restricted contributions</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>2,500</td>
</tr>
<tr>
<td>Change in value of beneficial interest in perpetual trust</td>
<td>-</td>
<td>-</td>
<td>(8,605)</td>
<td>(8,605)</td>
<td>(8,898)</td>
</tr>
<tr>
<td>Investment return not designated for current operations</td>
<td>(7,205,033)</td>
<td>(479,271)</td>
<td>(109,823)</td>
<td>(7,794,127)</td>
<td>4,130,815</td>
</tr>
<tr>
<td>Change in Net Assets</td>
<td>(7,819,541)</td>
<td>6,316</td>
<td>(118,428)</td>
<td>(7,931,653)</td>
<td>1,605,481</td>
</tr>
<tr>
<td><strong>NET ASSETS</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Beginning of year</td>
<td>46,888,442</td>
<td>21,903,629</td>
<td>11,964,704</td>
<td>80,756,775</td>
<td>79,151,294</td>
</tr>
<tr>
<td>Redesignation</td>
<td>-</td>
<td>40,086</td>
<td>(40,086)</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>End of year</td>
<td>$ 39,068,901</td>
<td>$ 21,950,031</td>
<td>$ 11,806,190</td>
<td>$ 72,825,122</td>
<td>$ 80,756,775</td>
</tr>
</tbody>
</table>
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Health equity is making sure all communities have access to healthcare that is free of judgment, stigma, and systemic racism.

Georges Benjamin, MD  
Executive Director  
American Public Health Association

Health equity is achieved when our society values the entire population as much as the individual. The value proposition translates into investments in systems, policies, resources and accountability mechanisms that help all people reach their highest potential for health.

Kimber Bogard, PhD  
Senior Vice President, Strategy & Programs  
NYAM

Health equity is a journey to a time where systems and policies that currently disadvantage some people are reformed so that neighborhood, race, and income do not predict health and well-being.