NYS HAAAP Centers for Excellence Learning Collaborative Webinar

for recipients of the New York State Age-Friendly Planning Grant and the Health Foundation for Western and Central New York’s Center for Excellence funding

February 14, 2020
Welcome and Check-in
Project Updates
Public Health, Policy and Data
A snapshot of health in your county
Challenges, barriers, and unmet needs (CFE teams)
VISION
Everyone has the opportunity to live a healthy life

MISSION
Drive progress towards improved health through attaining health equity
NYAM TEAM
(CLOCKWISE FROM LEFT)
DIANE KOLACK, MICHELE CALVO, CAROLYN STEM, ALYSSA KIES, ELLIE DEGARMO, AND LINDSAY GOLDMAN

HEALTH & AGE ACROSS ALL POLICIES
TECHNICAL SUPPORT

Please email or chat us if you need help resolving any technical issues during the webinar:

- Alyssa Kies is supporting you today: akies@nyam.org
WHO IS ON THE WEBINAR TODAY?
# Recap of January and February

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- **January Webinar:**
  - Orientation
  - Frameworks
    - Health Across All Policies
    - AF Communities
    - Smart Growth Principles
    - Social Determinants of Health
  - NYS Executive Order 190
  - Learning Collaborative teams
  - Centers for Excellence highlights

- **February CFE Call:**
  - CFE introductions
  - Topics of interest & resources
  - Learning Collaborative expectations
  - Peer-to-peer discussion
  - Established CFE email list
SCHEDULE FOR HAAAP CENTERS FOR EXCELLENCE:

- Webinar Kick-off: January 16, 2020 from 10am-11:30am
- CFE Call #1 January 24, 2020 from 10-11am
- CFE Webinar February 14, 2020 from 10am - 11:30am
- Convening March 5, 2020 (in Albany)
- CFE Call #2 April 24, 2020, from 10-11am
- Webinar May 14, 2020 from 10am - 11:30am
- CFE Call #3 June 12, 2020, from 10-11am
- CFE Webinar July 10, 2020 from 10am - 11:30am
- Webinar August 6, 2020 from 10am - 11:30am
- Convening September 2020 (date and location TBD)
- CFE Call #4 October 16, 2020, from 10-11am
- Webinar November 5, 2020 from 10am - 11:30am
- Convening December 2020 (date and location TBD)
PROJECT UPDATES

1. Tompkins
2. Nassau
3. Erie
4. Rockland
5. Oneida
TOMPKINS COUNTY PROJECT UPDATES (1/2)

• Reviewed updated AF Timeline for Implementation – majority of tasks completed

• Created list of primary CFE Steering Committee members
  • Held two meetings – next meeting Feb. 27

• Created secondary list of agency and non-profit partners to invite
  • Scheduling meetings with representatives from the Health Department and Planning & Sustainability Department

• Reviewing Erie County Partnership Pledge

• Attended Health Department presentation on Community Health Improvement Plan on 2/10/20
  • Priorities include:
    • Prevent Chronic Diseases
    • Promote Healthy Women, Infants and Children
    • Promote Well-Being and Prevent Mental Health and Substance Abuse Disorders
  • Addresses Social Determinants of Health
  • Utilizes Primary and Secondary Data Sources
TOMPKINS COUNTY PROJECT UPDATES (2/2)

- Currently reviewing County Comprehensive Plan (2015) and 2019 5-Year Review
  - Plan and Review cite other assessments including 2016 Housing Needs Assessment and the 2018 Habitat Connectivity Strategy to improve the Finger Lakes Trail Corridor

- Sent Community Survey: Plan for All Ages developed by Cornell Department of City and Regional Planning to 16 Tompkins County municipal administrators. National survey.

- Sent request to Ithaca College and Cornell University faculty for students to conduct a Complete Street assessment which corresponds with Tompkins AF Plan, Task 3.1 Work with the City of Ithaca and one other municipality to conduct a walkability survey.
NASSAU COUNTY PROJECT UPDATES
ERIE COUNTY PROJECT UPDATES
ROCKLAND COUNTY PROJECT UPDATES
ONEIDA COUNTY PROJECT UPDATES
Health is the state of complete physical, mental, and social well-being and not merely the absence of disease or infirmity.

- World Health Organization

Source: http://who.int/about/definition/en/print.html
WHAT FACTORS DETERMINE OUR HEALTH?

Family Health History

Environment

Behaviors/Lifestyles
ALL POLICIES AFFECT HEALTH

1 UWPHI County Health Rankings Model

# HEALTH EDUCATION AND HEALTH PROMOTION

## Health education

Using **programs and practices** that provide the opportunity to **acquire knowledge, attitudes, and skills** needed to adopt and maintain healthy behaviors.

## Health Promotion

Any **planned combination of educational, political, environmental, regulatory, organizational mechanisms** that support actions and conditions of living conducive to the health of **individuals, groups, and communities**.

(Joint Committee, 2012)
HEALTH EDUCATION AND HEALTH PROMOTION

COLLECTIVE IMPACT

https://www.collectiveimpactforum.org/what-collective-impact
HOW CAN DECISIONS IMPACT OUR HEALTH?
HEALTH IMPACT PYRAMID
FRAMEWORK FOR IMPROVING HEALTH

SNAPSHOTS OF COUNTY HEALTH

1. Tompkins
2. Nassau
3. Erie
4. Rockland
5. Oneida
TOMPKINS HEALTH SNAPSHOT

Tompkins County is located at the southern tip of Cayuga Lake in the Finger Lakes region of New York State. It is part of the Southern Tier Economic Development Region, and is grouped by the New York State Department of Health (DOH) in the five-county Southern Tier region, along with Broome, Chenango, Delaware, and Tioga Counties. Tompkins jurisdictions include nine towns, seven villages, and one city, Ithaca. About 30% of the county’s 104,000 population resides in the City of Ithaca.

- Population 104,000
- 30% population are college students
- 14% population over 65
- Tompkins County ranks 8th in health outcomes: how long people live and how healthy people feel
- Tompkins County ranks 5th in Health Factors: health behaviors, clinical care, social & economic, physical environment factors
- Disparities exist across wealth and race
- Inequalities in housing and access to healthcare, primarily due to transportation
- The array of programs active in Tompkins County to address social determinants of health drive strategies that are evidence-based, promising/pilot programs, and/or programs planning an expansion to serve new constituencies. (CHIP Executive summary)
HOW DOES HEALTH IN YOUR COUNTY COMPARE TO THE REST OF THE STATE?

OR type the following into your browser:

https://www.countyhealthrankings.org/app/new-york/2019/overview

Find the county where you work or live and click the map to access data.
HOW DOES HEALTH IN YOUR COUNTY COMPARE TO THE REST OF THE STATE?

OR type the following into your browser:

https://health.ny.gov/preventionagendadashboard

Click County Dashboard to see metrics for your area
CHALLENGES, BARRIERS, AND NEEDS

- County Health Improvement Plan (CHIP) and the Comprehensive Plan are multi-year plans
- Looking for guidance on deliverables
REGIONAL GROUP DISCUSSIONS AT MARCH 5TH CONVENING

Group 1 led by Erie: Erie, Monroe, and Ontario
Group 2 led by Tompkins: Tompkins, Onondaga, and Broome
Group 3 led by Oneida: Oneida, Oswego, Herkimer, Saratoga
Group 4 led by Rockland: Rockland, Orange, Ulster
Group 5 led by Nassau: Nassau, Schenectady, Schoharie
NEXT STEPS

• Look for an email next week with links to today’s recording and slides, plus some PDF resources.

• Email dkolack@nyam.org with any relevant resources or templates you would like to share regarding our topics today. Let’s spread best practices!

• Take our brief email survey and let us know about your webinar experience today.
HEALTH & AGE ACROSS ALL POLICIES

THANK YOU!