Addressing Health Disparities through Health & Age Across All Policies
November 5, 2020
Learning Collaborative Webinar
ICEBREAKER: IF YOU COULD INSTANTLY BECOME AN EXPERT IN SOMETHING, WHAT WOULD IT BE?

balot-counting

First-base-for-the-NY-Yankees
Database-Development
Wine-making
Winning-the-Lotto
Opera
feeding-the-world
Happiness
golf

Pastry-chef

Languages
Excel
forensic-expert
plumbing
Ballet
Potato-cooking
playing-the-piano
Homelessness-solution
Playing-a-guitar

GIS

computer-programming
Solving-healthcare-access-problems

yoga-balance-poses
traveling
Flowers
TODAY’S AGENDA

Welcome
NYS Updates
Office of Minority Health & Health Disparities Prevention
Disrupting Aging with AARP
Updates from Centers for Excellence
Discussion
Next Steps
HOUSEKEEPING ITEMS

• Virtual Convening: December 17 from 10am – 4pm
  • Sustainability
  • Updates from all the Teams
  • Format: morning webinar session / break / afternoon workshop session

• Please bring your partners and prospective partners

• Look for registration information soon
WHAT INFLUENCES HEALTH ACROSS THE LIFESPAN?
# Persistent Health Inequities

## NYS DOH County Health Indicators by Race/Ethnicity (CHIRE)

<table>
<thead>
<tr>
<th>Health Indicator</th>
<th>Non-Hispanic</th>
<th>White</th>
<th>Black</th>
<th>Asian/Pacific Islander</th>
<th>Hispanic</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Population (2016)</td>
<td></td>
<td>227,739</td>
<td>41,471</td>
<td>21,056</td>
<td>18,015</td>
<td>308,846</td>
</tr>
<tr>
<td>Percentage of population (2016)</td>
<td></td>
<td>73.7%</td>
<td>13.4%</td>
<td>6.8%</td>
<td>5.8%</td>
<td>100.0%</td>
</tr>
<tr>
<td>Median annual household income in US dollars (2012-2016)</td>
<td></td>
<td>67,244</td>
<td>31,739</td>
<td>65,595</td>
<td>36,827</td>
<td>60,904</td>
</tr>
<tr>
<td>Percentage of families below poverty (2012-2016)</td>
<td></td>
<td>4.2%</td>
<td>24.2%</td>
<td>8.9%</td>
<td>21.5%</td>
<td>7.3%</td>
</tr>
<tr>
<td>Total mortality per 100,000 population, age-adjusted</td>
<td></td>
<td>674.0</td>
<td>744.2</td>
<td>296.8</td>
<td>509.9</td>
<td>676.7</td>
</tr>
<tr>
<td>Percentage of premature deaths (&lt; 75 years)</td>
<td></td>
<td>34.3%</td>
<td>66.0%</td>
<td>51.6%</td>
<td>66.2%</td>
<td>38.0%</td>
</tr>
<tr>
<td>Years of potential life lost per 100,000 population, age-adjusted</td>
<td></td>
<td>5,268.5</td>
<td>8,614.6</td>
<td>2,073.1</td>
<td>4,790.5</td>
<td>5,625.9</td>
</tr>
</tbody>
</table>

## Heart Disease and Stroke Indicators

<table>
<thead>
<tr>
<th>Health Indicator</th>
<th>Non-Hispanic</th>
<th>White</th>
<th>Black</th>
<th>Asian/Pacific Islander</th>
<th>Hispanic</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Diseases of the heart mortality per 100,000 population, age-adjusted</td>
<td></td>
<td>171.3</td>
<td>177.5</td>
<td>71.0</td>
<td>124.1</td>
<td>171.0</td>
</tr>
<tr>
<td>Diseases of the heart hospitalizations per 10,000 population, age-adjusted (2012-2014)</td>
<td></td>
<td>64.3</td>
<td>100.4</td>
<td>14.6</td>
<td>41.7</td>
<td>69.7</td>
</tr>
<tr>
<td>Cerebrovascular disease (stroke) mortality per 100,000 population, age-adjusted</td>
<td></td>
<td>26.2</td>
<td>25.1</td>
<td>25.5</td>
<td>19.1%</td>
<td>26.9</td>
</tr>
<tr>
<td>Cerebrovascular disease (stroke) hospitalizations per 10,000 population, age-adjusted (2012-2014)</td>
<td></td>
<td>17.7</td>
<td>30.5</td>
<td>6.6</td>
<td>12.4</td>
<td>19.5</td>
</tr>
</tbody>
</table>

UPDATE FROM THE NYS HEALTH ACROSS ALL POLICIES STEERING COMMITTEE
UPDATES FROM THE NYS HEALTH ACROSS ALL POLICIES STEERING COMMITTEE

Greg Olsen, Acting Director

Paul Beyer, Director of Smart Growth Planning

Charles Williams, Senior Health Care Program Specialist
Addressing Health Disparities through Health & Age Across All Policies

New York Academy of Medicine
November 5, 2020
Office of Minority Health and Health Disparities Prevention

- Works across the Department’s programs to advance policies and support programs and initiatives that promote high quality, accessible, patient-centered, and culturally and linguistically appropriate care for all New Yorkers.

- Partners with government systems, public and private agencies, and communities to identify and realize opportunities towards eliminating health disparities and achieving health equity.

- Works with The Minority Health Council (MHC) to develop policies to address the broader social and economic factors that lead to poor health.

- Identifies “Section §240 Minority Areas” (Counties or service areas with non-white populations of 40% or more), to facilitate focusing resources to those areas.
Office of Minority Health and Health Disparities Prevention

The Office of Minority Health (OMH) in New York was established by Public Health Law in 1992 and became operational in 1994. The New York OMH is charged with the following responsibilities:

- Promote, support, and conduct research to improve and enhance the health of minority populations.
- Serve as a liaison and advocate on minority health matters in conjunction with the Minority Health Council.
- Assist medical schools and state agencies to develop comprehensive programs that increase the diversity of the health care workforce.
- Integrate and coordinate state health care grant and loan programs.
- Promote and support community strategic planning to improve health equity and health care services within minority communities.
- Assess the impact of programs, regulations, and policies on minority health services.
New York State by Race & Ethnicity

- White: 55.9%
- Hispanic or Latino: 18.9%
- Black or African American: 14.3%
- Asian: 8.2%
- Other race: 0.4%
- American Indian and Alaska Native: 0.2%
- 2 or more races: 1.9%

Source: U.S. Census Bureau, 2014-2018 American Community Survey 5-Year Estimates
Obesity: Higher among Hispanics/Latinos

Source: 2019 BRFSS
Diabetes: Higher among Hispanics/Latinos

Source: 2019 BRFSS
Asthma (Currently): Higher among Hispanics/Latinos

Source: 2019 BRFSS
PHL §240(2) Minority Areas by MCD
<table>
<thead>
<tr>
<th>OMH-HDP Core Programs</th>
<th>OMH-HDP Operational Tasks and Projects</th>
<th>DOH Initiatives, Projects and Requests</th>
<th>External Initiatives, Projects and Requests</th>
</tr>
</thead>
<tbody>
<tr>
<td>State Partnership Program</td>
<td>Mentorship Program</td>
<td>Cultural Competency Assessment</td>
<td>National Association Of State Offices Of Minority Health</td>
</tr>
<tr>
<td>Latino Health Outreach Initiative</td>
<td>Minority Health Council</td>
<td>Prevention Agenda</td>
<td>Health Literacy in Schools</td>
</tr>
<tr>
<td>Minority Male Wellness Initiative</td>
<td>OMH-HDP eNewsletter</td>
<td>CHA/CHIP Reviews</td>
<td>Albany City School District Pre-K</td>
</tr>
<tr>
<td>Mentorship in Medicine and Other Health Professions</td>
<td>Health Equity Reports</td>
<td>RFA/RFP Development &amp; Application/Proposal Reviews</td>
<td>Programming: Obesity Prevention and Stress Reduction</td>
</tr>
<tr>
<td>First Nations Programming</td>
<td>Contract Management</td>
<td>Other Inter-agency collaborations</td>
<td>Troy City School District Pre-K Programming: Obesity Prevention</td>
</tr>
<tr>
<td>• First Nations Planning Initiative</td>
<td></td>
<td>(planning, facilitation, presentations, etc.)</td>
<td></td>
</tr>
<tr>
<td>• Akwasasne Drop-In Center</td>
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<td></td>
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</tr>
</tbody>
</table>
Addressing Social determinants

https://www.healthypeople.gov/2020/topics-objectives/topic/social-determinants-of-health
Dimensions of Diversity

- Age
- Sexual Orientation
- Mental / Physical Abilities and Characteristics
- Race
- Ethnicity
- Gender
Health Literacy
Cultural Competence
Racial and Health Equity
Language Access
Promoting Health Equity

Patient centered care is communication based and the frontline to addressing issues contributing to health disparities.

When we do not speak the language of the patient we must use an additional set of skills to continue to provide excellent, patient-centered care.

Clear and culturally and linguistically appropriate communication is key to the provision of quality health services.
Promoting Health Equity

- Office of Minority Health and Health Disparities Prevention
- City of Newburgh
- Health Equity Reports
Thank You!

Wilma Alvarado-Little, MA MSW  
Associate Commissioner, New York State Department of Health  
Director, Office of Minority Health and Health Disparities Prevention  
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Albany, NY 12237  
518-474-2180  
omhhdp@health.ny.gov
HEALTH & AGE ACROSS ALL POLICIES

KRISTEN MCMANUS
AARP NEW YORK
ASSOCIATE STATE DIRECTOR

KMCMANUS@AARP.ORG
DISRUPTING RACIAL AND ETHNIC DISPARITIES: SOLUTIONS FOR NEW YORKERS AGE 50+
PARTNER ORGANIZATIONS

hispanic federation

Asian American Federation

NAACP

New York Urban League
ECONOMIC SECURITY

HEALTH

LIVABLE COMMUNITIES
ECONOMIC SECURITY-ISSUES

• Many AA/B, AAPI and H/L employees do not have access to retirement savings options

• Deed theft scams are on an alarming rise
  -One stakeholder referred to deed theft as the most harmful type of scam perpetrated against older New Yorkers of color

• More than 330,000 60+ New Yorkers are eligible for SNAP but are not enrolled
HEALTH

- Average percent of income spent on family Caregiving: H/L 44%, AA/B 34%, whites 14%.
- A higher percentage of AA/B (41%) and H/L (32%) did without medication over a recent 12-month period due to cost than the overall population (23%) nationally.
- Dementia is twice as prevalent among AA/B and one-and-a-half times higher among H/L than whites.
- AA/B are almost twice as likely to be diagnosed with diabetes as whites and are more likely to suffer complications like lower extremity amputations and end-stage renal disease.
LIVABLE COMMUNITIES

• AA/B, AAPI and H/L neighborhoods:
  – have inferior accessibility to modes of public transportation
  – have a greater number of pedestrian accidents due to unsafe street crossings
  – are particularly vulnerable to gentrification and displacement due to the “cost burdened” status of the 50 plus population
DISRUPT DISPARITIES 3.0

Impacts of COVID on communities of color as it relates to:

• Long-term care
• Housing affordability
• Access to food

Launch Event
November 17, 2020 10:00am-12:00pm
https://aarp.cvent.com/DisruptDisparities3
MORE DISRUPT DISPARITIES

January 11, 2020: Disrupting Disparities for Older LGBT New Yorkers

Date TBD: Disrupt Disparities: Kinship Care
FOR MORE INFORMATION

https://states.aarp.org/disrupting-racial-ethnic-disparities/

AARP New York
Exciting things are happening in New York and AARP is proud to be a part of them

Disrupting Racial and Ethnic Disparities
HEALTH & AGE ACROSS ALL POLICIES

DIANE RICOTTONE
OFFICE FOR THE AGING
ROCKLAND COUNTY
AGE FRIENDLY CENTER OF EXCELLENCE
TINA M. CARDOZA-IZQUIERDO, DIRECTOR
ROCKLAND COUNTY-LOCATED IN THE LOWER HUDSON VALLEY
ROCKLAND COUNTY UPDATE

Telehealth Services

**Prevention:** Older patients tend to be more vulnerable and have more complicated medical needs. By providing clients the opportunity to access care, we can prevent possible complications and unnecessary hospitalizations!

**Connection:** Social distancing has prevented seniors from interacting with others. Patients can also use these devices to connect with their families, helping to alleviate stress and anxiety from this pandemic.

**Education:** Some seniors don’t know how to use their devices or set them up. Providing hands on training and guidance and free in-home technical support helps educate seniors and reduce stress regarding appointments.
HEALTH & AGE ACROSS ALL POLICIES

KELLY WALTERS
EXECUTIVE DIRECTOR
PARKWAY CENTER

KWALTERS@THEPARKWAYCENTER.ORG
ONEIDA
CENTER OF EXCELLENCE
ONEIDA COUNTY UPDATE

• Continue to work on draft Action Plan to for review by Steering Committee in December.

• Working on the County Resolution to mirror the Executive Order 190

• Volunteer & Transportation:
  - Grocery shopping for COVID hotline with volunteers continues
  - Way2Go OnDemand to fulfill unmet need for non-emergency medical rides
  - Volunteer Resource Center is being developed at our Verona Beach site

• OnLine Health & Wellness Programs rolling out in January 2021
HEALTH & AGE ACROSS ALL POLICIES

VINCENZA CARUSO

AGE-FRIENDLY PLANNING GRANT PROJECT DIRECTOR / AGE-FRIENDLY GLEN COVE VOLUNTEER PROGRAM ADMINISTRATOR

GLEN COVE SENIOR CENTER

VCARUSO2@NORTHWELL.EDU

NASSAU CFE
NASSAU COUNTY UPDATE

• CFE
  - Contracts under review for Walk with a Doc and Timebank projects
  - Website designer contract approved and websites are in the process of being developed
  - Equipment for CFE purchased
  - Program evaluation meetings

• County
  - Web designer contract to create interactive mapping tool
  - Proposed advisory board members waiting approval, and interviewing additional members
  - Survey in final editing stages
HEALTH & AGE ACROSS ALL POLICIES

DANIEL SZEWYC
SR. COORDINATOR OF NEIGHBORHOOD SERVICES
DANIEL.SZEWYC@ERIE.GOV
ERIE COUNTY
ADD AN ARROW OR OTHER MARKER TO SHOW US WHERE YOU ARE ON THE MAP
ERIE COUNTY UPDATES

• HAAAP progress
  • Shuffling of staff, new members.
  • 1\textsuperscript{st} meeting of the inter-departmental workgroup is scheduled
    ▪ Re-introduction of Universal Design
      • 8 Goals of UD
      • Identify UD strategies that support older adults
  • Schedule meetings with individual county departments
    ▪ Overview of current and scheduled projects and/or initiatives specific to each department
    ▪ Identify department-specific action items through the implementation of UD strategies that effectively support social opportunities, accessibility and financial security of older adults in Erie County and how these may change throughout the various phases of COVID-19
ERIE COUNTY UPDATES

• HAAAP/ COVID response
  - Live Well Erie workgroups have adapted their efforts in response to COVID
    ▪ Every Child Deserves a chance to Succeed focused on:
      • Racial Equity, Collective Impact Approach, Prevention of Alcohol and Substance Abuse Framework
    ▪ Working Families in Erie County will have:
      • 1) safe affordable housing, 2) greater financial security, 3) access to quality affordable childcare
    ▪ Older Adults Focused on
      • Nutrition, Mental Health– isolation, Financial Security, transportation
HEALTH & AGE ACROSS ALL POLICIES

- LISA MONROE, DIRECTOR, TCOFA
- ESTHER GREENHOUSE, CFE STRATEGIC DIRECTOR
- TERI REINEMANN, CFE PROJECT COORDINATOR

TOMPKINS COUNTY CENTER FOR EXCELLENCE
Age Friendly County Wide Workshop Series

1. What is Age Friendly? How it Benefits Agencies, Residents, Visitors, & Businesses

2. Spaces & Places: Leveraging the Built Environment for Successful Age Friendly Communities

3. Zoning & Planning for Age Friendly Communities

4. Age Friendly for Community Health & Wellness
TOMPKINS COUNTY UPDATE

Office of Human Rights Brown Bag Lunch series
- COVID 19 Racism, Addiction and Poverty
- COVID 19 Compassionate Mental Health and Social Services

TCHD CHIP Steering Committee
- shift to Health Equity and Racial disparities

Senior Planet Tablet
- device + LTE to low income, social isolated seniors
Thank you all for joining us today.

Look for a survey about this webinar in your inbox.

Contact us if you have any questions, dkolack@nyam.org.