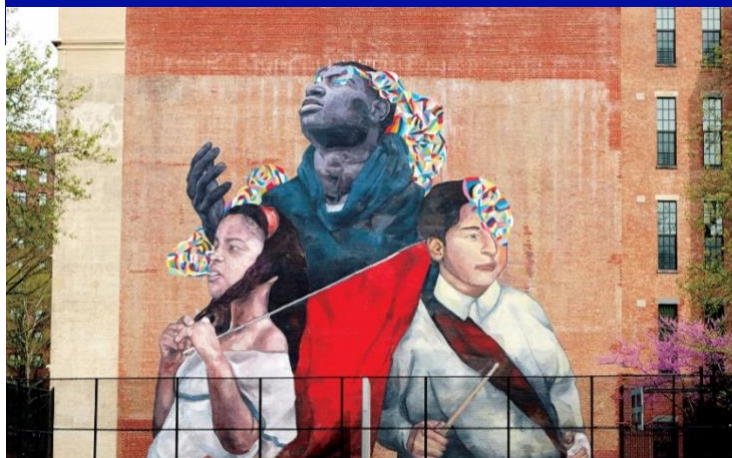


# Community Recommended Services for Children in East Harlem



*"The second conquest" by the artist EVER*

## ABOUT THE STUDY

In May of 2021, the East Harlem Action Collaborative (EHAC) conducted an online survey to learn from parents and caretakers of young children what organizations and services they use and would recommend to support the health and well-being of families.

## WHAT DID THEY FIND?

Individuals recommended the following organizations to East Harlem families:

### [Association to Benefit Children](#) **212.369.2010**

- Early Intervention Program

### [Boriken Neighborhood Health Center](#) **212.289.6650**

- Dental Services
- Clinic/Pediatrics/Family Medicine
- WIC Enrollment Site

### [Catholic Charities](#) **212.348.0488**

- St. Cecilia's Food Pantry

### [Community Life Center](#) **212.427.3000**

- Early Childhood Education



For a resource not found on this guide, please visit [findhelp.org](https://findhelp.org) for more resources in your language.

### Asthma Center of Excellence **646.682.2100**

- Recommended by EHAC\*

### Little Sisters of the Assumption **646.672.5200**

- Home Nursing Program
- Food Pantry
- Parenting and Child Development Services

### Mount Sinai Medical Center **212.241.9500**

- Hospital, Children's Hospital, and Emergency Room

### Northside Center **212.426.3400**

- Early Intervention Program

### NYC Health + Hospitals **844.692.4692**

- Health Center/Clinic
- Hospital and Emergency Room

### New York Public Library (Aguilar) **212.534.2930**

- Family Programming (*Closing in the spring for renovations\**)

### NYC Well (Mental Health Hotline) **888.692.9355**

- Recommended by EHAC\*

### Union Settlement **212.828.6144**

- Johnson Counseling Center

## **NEED HELP?**

Caring for children and families can be hard sometimes. If you need help, here are two resources that can help you find the support you need:

1. **Findhelp.org** [www.findhelp.org](http://www.findhelp.org) a platform to find resources on food, housing, healthcare, and more (information is available in several languages).
2. **Community Resource Guide** [www.tiny.cc/eastharlemservices](http://www.tiny.cc/eastharlemservices) a resource guide for the Harlem community.

*Updated 2023*

#### **ABOUT EHAC**

EHAC is a group of mothers and grandmothers in East Harlem who come together to support child health and well-being in their community. Since 2019, NYAM has partnered with EHAC to support their programming, advocacy, and policy initiatives.

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