CALTCM's Long Term Care Quadruple Aim: Saving Lives of NH Residents and Staff

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NURSING HOME MILLIEU

- Nursing homes are the most complex, large small businesses, in the history of mankind!
- Caring for the MOST vulnerable and frail population ever!
- Less than optimum staffing and resources

Kirkland SNF was ground zero

- "Best" thing for our country!
- Sounded the alarm
- Nursing homes and assisted facilities essentially locked down
- Focused on Infection Control
- Was it enough?
- No

CALTCM's Long Term Care Quadruple Aim for COVID-19 Response

- Sufficient and properly used PPE
- Readily available testing of staff and residents
- Stellar Infection Prevention
- Emergency Preparedness/Incident Command Mode

Sufficient PPE

- Everyone should be wearing a Mask
- N95's around COVID-19 Positive residents
- Must use PPE properly
- Can not run out, THIS IS CRITICALLY IMPORTANT!!
- Without PPE, the virus wins the battle

Readily Available Testing

- Test All Staff (highest priority)
- Test All Residents
- Cohort residents and staff based on results
- Retest frequency based on community prevalence
- Evidence still providing direction regarding testing frequency

Stellar Infection Prevention

- EMPOWER YOUR INFECTION PREVENTIONIST (IP)
 - One person MUST be designated to be the IP!
 - This should be a FULL-TIME role during this pandemic!
 - Can NOT be distracted by other responsibilities
- KEY IP RESPONSIBILITIES
 - HAND HYGIENE training and audits
 - REGULAR ROUNDS throughout facility promoting hand hygiene
 - EFFECTIVE USE OF PPE
 - MONITORING Staff and Visitors
 - Evaluate residents with ANY Change of Condition

Stellar Infection Prevention

- ENGAGE THE MEDICAL DIRECTOR
 - Medical Director should strongly support the IP and their role and responsibilities
 - Evaluate complex admissions and any resident with possible Covid-19 infection
 - Assist in critical thinking and decision making related to Covid-19 in facility

Emergency Preparedness Mode

- Key to operationalizing everything else!
- Leadership & Management is critical!

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Check the CALTCM Website (<u>CALTCM.org</u>) and e-newsletter, the CALTCM Wave, for updates.

