Supportive Housing and Older Adults
What We Do

CSH is a touchstone for new ideas and best practices, a collaborative and pragmatic community partner, and an influential advocate for supportive housing.

Powerful capital funds, specialty loan products and development expertise

Research-backed tools, trainings and knowledge sharing

Custom community planning and cutting-edge innovations

Systems reform, policy collaboration and advocacy

Training & Education

Lines of Business

Policy Reform

Consulting & Assistance

Lending
Older Adults with Housing & Services Needs wishing to Age-in-Community

• Includes Adults 50+
  • Experiencing homelessness
  • Inappropriately institutionalized, or
  • Current aging in supportive housing who desire to age healthily and safely in their homes for as long as they can

• Supportive housing is seen as an ideal solution to address the needs of aging tenants with adaptable housing models and flexible service packages.
Housing Continuum in NY

- Emergency Shelter/Safe Haven
- Transitional Programs
- Affordable Housing
- Supportive Housing
- Market Rate Housing

Permanent Housing
Supportive Housing: A Powerful Social Determinant

Supportive housing combines affordable housing with services that help people who face the most complex challenges to live with stability, autonomy and dignity.
Supportive Housing Models

Project-Based or “Congregate”

• Buildings typically have not more than 40% of units designated as “supportive housings” and the remaining units are affordable and available to the wider community. These building have onsite case management. Some smaller projects are 100% supportive housing.

Tenant-Based or “Scattered Site”

• This model typically utilizes vouchers to rent units on the private market, and case managers visit the tenants and connect them to community-based services.
Financing Supportive Housing

Putting together the financing for a housing project can be thought of like a three-legged stool with capital, operating, and service funding each comprising a leg. The budget for each of these three pieces can include multiple funding sources braided together.
Who lives in Supportive Housing?

• Chronically Homeless Individuals
• Aging Adults
• Child Welfare Involved Families
• Justice-Involved
• Adults with Intellectual & Development Disabilities
• Adults with Behavioral Health Needs
• Youth
Supportive Housing

In NYS, 67% of supportive housing residents are age 50+*

*NYS OMH Child and Adult Integrated Reporting System (CAIRS), residents of OMH supportive housing (Scattered and Single-Site) as of January 2, 2018.
Key Components of Quality Supportive Housing

- Follows Housing First Model
- Targets households with multiple barriers
- Housing is affordable
- Provides tenants with a lease
- Engaged tenants in flexible, voluntary services
- Coordinates among key partners
- Supports connecting with community
Improved Health Outcomes through Supportive Housing

- Reduction in health care costs
- Improved access to ambulatory care
- Increased adherence to medications
- Overall improvement in well-being
- Cost savings for public systems
Growing Needs of Older Adults

- Premature aging (for those with current or previous history of homelessness)
- Accessibility challenges and performing ADLs
- Limited services for geriatric mental health
- Increased needs for older adults with behavioral health
- Isolation and loneliness
- Increased complex medical needs
- Cognitive decline, including dementia
- Risk of institutionalization
Housing and Support Services Needs for a Growing Aging Population

- Nursing Home
- Adult Homes/Assisted Living
- Licensed residential programs
- Supportive Housing
- Naturally Occurring Retirement Communities (NORCs)
- Affordable Senior Housing

Supportive Housing with HCBS/Healthcare services, can enable folks to age in place and not have to enter a "higher level of care".
Determining the Housing Need in the Community

• The Continuum of Care (CoC) is a collective body of community stakeholders, a planning process for addressing local need for homeless services, a geographic region encompassed in the planning process, and a source of homeless assistance funds from HUD.

• CoCs must collaboratively assess the need for homeless services, evaluate and rank projects, and submit a single, consolidated application to HUD for funding.
Development of the Coordinated Assessment and Placement System (CAPS)

• To meet the HUD requirement of Coordinated Entry System, the NYC Continuum of Care (CoC) developed the Coordinated Assessment and Placement System (CAPS).
• In its full development, CAPS is a tool that streamlines and improves the assessment, prioritization, housing matching, and placement system for homeless and at-risk households within NYC’s five boroughs.
Four Main Components to CAPS

- Universal Assessment
- Vulnerability & Prioritization
- Referral & Placement
- Evaluation
Components of a Healthy Aging Model in Supportive Housing

• Healthy Aging Team/Staff
• Data Infrastructure
• Enhanced Training
• Partnerships
• Building Community
• Age Friendly Designs
Innovations in Supportive Housing

Pairing Supportive Housing with PACE

- **PACE**: Program for All Inclusive Care for the Elderly
- Provides comprehensive, coordinated medical, social, and in-home services for older adults age 55+
- Financed through Medicaid (and usually Medicare)
- Increase in PACE / Supportive Housing Partnerships across the country

The Talmage Gateway Supportive Housing
San Diego, CA

- St. Paul’s PACE – Wakeland Housing & Development Corp. Partnership
- 200 Formerly Homeless Individuals 55+ Housed
  - Expansion across city and state
Medicaid and Housing (1115 Waivers)

• Create incentives for health care delivery systems to fund tenancy support services as an option within the “Whole Person Care Pilots. Includes Outreach, Engagement in services for supportive housing and Move in Costs (e.g. security deposits).
• Medicaid funds used for tenancy support services, billed monthly on a per diem rate
• Have Medicaid fund Pre-Tenancy, Tenancy Sustaining Services and Supportive Employment
"Supportive Housing" Resources for Older Adults

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<tr>
<th>ESSH (Empire State Supportive Housing Initiative)</th>
<th>SARA (Senior Affordable Rental Apartments)</th>
<th>AIRS (Affordable Independent Residences for Seniors)</th>
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<td>Provides services and operating financing up to $25K per supportive housing unit. Captial comes from several NYS and NYC sources.</td>
<td>SARA provides capital gap financing in the form of low-interest loans of up to $75,000 per unit. New York City Department for the Aging also dedicated $5,000 of service funding for each non-supportive housing unit, for a period of five years.</td>
<td>Incentivizes developers to set aside housing units for low-income seniors by enabling zoning allowances permitted under the NYC Zoning Resolution. This program incentivizes developers by increasing the density, or Floor Area Ratio (FAR), allowed on development sites, thereby increasing the revenue for the developer and the number of units in a project.</td>
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**Frail Elderly/Senior:** Any person who is age 55 and older, who is enrolled in Medicaid, and requires assistance with one or more activities of daily living or instrumental activities of daily living.

Eligible persons are referred from a Skilled Nursing Facility (SNF), or identified as homeless by a Health Home, hospital, Managed Care Organization (MCO), medical respite, Managed Long-Term Care (MLTC), Performing Provider System (PPS), or shelter. Projects developed with SARA funding are required to set aside 30% of the units for homeless seniors referred by a City or State agency, typically the New York City Department of Homeless Services. Eligible adults 65+. |
Resources

• Healthy Aging in Supportive Housing Toolkit - CSH
• Impactful Innovations: Serving a Vulnerable Aging Population - CSH
• AARP HomeFit Guide
• Health System Investments in Housing: A Development Guide
• Centering Equity in Health and Housing Partnerships in Times of Crisis and Beyond
• Policy Brief: Summary of State Actions on Medicaid & Housing Services – CSH
• HOME-ARP and Supportive Housing: A Great Pairing - CSH