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- Schenectady
- Ulster
HEALTH & AGE ACROSS ALL POLICIES

DANIELLE CLEMENS
AGING SERVICES PROGRAM
COORDINATOR
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BROOME COUNTY
BROOME COUNTY PROGRESS (a few examples)

- A number of ad hoc and ongoing workgroups consisting of community volunteers, professionals, Office for Aging (OFA) and other Broome County staff, and Binghamton University interns were convened in 2021 to work on implementation of the action plan.

- OFA worked with the Southern Tier Homebuilders Association on an article about hiring contractors for home repairs and avoiding scams which was published in the Senior News (monthly distribution of about 6,500 copies).

- OFA staff created a “How to Find a Private Apartment” document for those who do not qualify for subsidized housing but have limited means.

- OFA publicized new programs addressing the issue of affordable internet access, obtaining low-cost computers and tablets, and opportunities for technology support/education. A three-part article was featured in the July Senior News and shared with other organizations for their newsletters, such as local libraries.

- OFA has a new grant-funded virtual senior center project and is distributing tablets and providing technology assistance to local older adults interested in participating.

- An “Age-Friendly Communication Fact Sheet” was created and disseminated throughout the community that covers some best practices for print, digital, tv/radio, and verbal communication.

- An ongoing workgroup is developing intergenerational opportunities in Johnson City. A Spring 2022 “Senior to Senior” dinner dance is planned which will bring together high school seniors and older adults.

- Local age-friendly vaccine access efforts included an OFA vaccine hotline where appointments were made for those without internet access and free transportation to COVID vaccine appointments provided by Rural Health Network.

- A local volunteer group built raised flower beds for the residents of Willow Point Nursing Home in Vestal.

- OFA offered a grand-funded Disability Awareness Training featuring speakers from Our Ability, Inc. and AVRE (Association for Vision Rehabilitation and Employment, Inc.).
## SMART GROWTH

The Smart Growth Principles, abbreviated below, can be used to evaluate whether a proposed project is likely to contribute to a community’s overall well-being.

- Located near existing development and infrastructure
- Increases the range of housing opportunities
- Protects open space and critical resources
- Creates a vibrant mix of uses
- Creates or enhance choices for getting around
- Designed for personal interaction and walkability
- Respects the desired character of the community
- Is sustainable in the context of the community

## 8 DOMAINS

The WHO Eight Domains of Livability model identifies and addresses barriers to engagement faced by older people throughout the course of daily life within the following domains:

- Housing
- Outdoor Spaces and Buildings
- Transportation
- Communication and information
- Civic Participation and employment
- Respect and social inclusion
- Health services and community support
- Social participation

## NYS PREVENTION AGENDA

To improve health outcomes, enable well-being, and promote equity across the lifespan, the Prevention Agenda employs the following cross-cutting principles:

- Focuses on addressing social determinants of health and reducing health disparities
- Incorporates a Health Across All Policies approach
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- Maximizes impact with evidence-based interventions for state and local action
- Advocates for increased investments in prevention from all sources
- Concentrates on primary and secondary prevention, rather than on health care design or reimbursement

Please check off or highlight all boxes that relate to your HAAAP work.
HEALTH & AGE ACROSS ALL POLICIES

MELISSA DENTICE
SENIOR COORDINATOR OF NEIGHBORHOOD SERVICES
SENIOR SERVICES
MELISSA.DENTICE@ERIE.GOV
ERIE COUNTY
ERIE COUNTY PROGRESS

HAAAP programming focused on older adults post-COVID had shifted primarily to COVID related services, such as:

• Food delivery (Hearts in Hands)
• Improving access to medical care information (Facebook Live events and public announcements)
• Vaccination programs

The following Workgroups within the Older Adult Live Well Erie program continue to meet and provide community members with education and support:

• Nutrition
• Mental Health/Isolation
• Financial Security
• Transportation

Collaboration with IDEA Center has provided Erie County and HAAAP CFE Participants with Universal Design guidance related to:

• The built environment
• Site design
• Program design
SMART GROWTH

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HEALTH & AGE ACROSS ALL POLICIES

KATHY FOX
DIRECTOR
HERKIMER COUNTY OFA
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HERKIMER COUNTY
HERKIMER COUNTY PROGRESS

Accomplishments:

• Replicated executive order #190 at the county level and passed a resolution to align with the governor’s executive order.

• Formed the Herkimer County Age Friendly Coalition.

• Designed Age Friendly Herkimer County logo with the help of a Herkimer College graphic design student.

• Received the AARP Livable Communities Designation.

• Currently conducting a needs assessment survey. View survey using QR code.
HERKIMER COUNTY PROGRESS

• Next steps:
  • Develop an action and evaluation plan based on the assessment results.
  • Submit the plan for review by AARP.
  • Implement and work toward the goals of the plan.
  • Share solutions, successes, and best practices with AARP.
  • Assess the plan’s impact and submit progress reports.
Herkimer County Age Friendly Coalition has been working to identify and address barriers that include many of the 8 domains:

- (Transportation) Addressing transportation solutions for rural residents.
- (Housing) Addressing housing using a homeshare survey that will determine an interest in a potential home share pilot program in Herkimer County.
- (Employment Opportunities) Meeting as a healthcare coalition to address the healthcare worker shortage.
- (Communication & Information) The healthcare coalition designed a flyer and is sharing information on how to engage healthcare workers.
- (Civic responsibility and employment opportunities) The flyer includes information on who is hiring and how to apply for the job.
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**MONROE COUNTY PROGRESS**

- **Final draft phase of the action plan now**
- **Engaging City/County officials**
  - Support for the Plan
  - County Proclamation
- **Preparing the evaluation phase (2022-2024)**
  - Funding & Consultants/Evaluator
  - Monitoring progress of action plan
  - Supporting county departments on HAAP aim

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<tr>
<th>Task</th>
<th>Status</th>
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<tr>
<td>Gap Analysis of 22+ local plans to identify age-friendly considerations in plans already underway and underserved domains</td>
<td>COMPLETED</td>
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<tr>
<td>City of Rochester/Monroe County <strong>AARP Age-Friendly Network application</strong> submitted by the Aging Alliance</td>
<td>COMPLETED</td>
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<tr>
<td><strong>Community survey</strong> to gauge older adult preferences in Monroe County across 8 domains</td>
<td>COMPLETED 1,159 responses</td>
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<tr>
<td>Complete a <strong>Poverty in Later Life Study</strong> to help inform our work</td>
<td>COMPLETED</td>
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<tr>
<td><strong>Workgroups, Focus Groups and 1:1 interviews</strong> with consumers, county departments and stakeholders</td>
<td>COMPLETED 49 mtgs/234 indiv</td>
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<td><strong>Submit a final Action Plan</strong></td>
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SMART GROWTH

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Please check off or highlight all boxes that relate to your HAAAP work.

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- Social participation
- (new?) Economic Security

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NYS PREVENTION AGENDA

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NASSAU COUNTY PROGRESS

• Final development of phase 1 Age-Friendly Mapping Project, training for OFA Staff to update Interactive Map to be scheduled.

• Needs Assessment Survey ongoing.

• Initial meetings with Vision Long Island (complete streets & smart growth), Nassau County Office of Community Development.

• Bethpage Age-Friendly Center for Excellence.
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HEALTH & AGE ACROSS ALL POLICIES

KELLY WALTERS
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ONEIDA COUNTY
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ONEIDA COUNTY PROGRESS

• COMMUNICATION & INFORMATION

  • The Parkway Center reintroduced an AgeNet digital signage system, this system is currently located in 4 senior centers in Oneida County and will be adding a 5th in 2022. This system allows senior centers to get information to their participants and those who may visit the facility, all of the information can be generated wirelessly. This system falls under 2 of the 8 domains for AARP.

  • Developed live streaming capabilities for a veteran’s event and will incorporate in health and wellness classes.

  • Parkway Center will be a host site for a AARP Shed Event in 2022 to assist older adults reduce fraud by shredding old documents safely.

• Civic Engagement:

  • The Parkway Center and Oneida County Office for Aging implemented a pilot snow shoveling program in February of 2021. The Parkway Center’s Volunteer Department conducted outreach for volunteers to help seniors shovel during winter storms. People (clients) in need of the service were referred to the Parkway Center from OFA to coordinate volunteers with client, trying to match within geographic areas/neighborhoods. While recruiting, an individual who ran a snow plowing business volunteered to plow driveways. This year was a pilot to put the parameters of the program in place. The program will continue.

  • Utica College’s Pioneer volunteers performed a day of service at the Parkway Center with cleaning a storage garage in August. There were 10-15 college students.
Housing:

- The Oneida Housing Authority cut the ribbon on July 8, 2021 for a new 50 – Unit Apartment Complex for individuals 55+ in conjunction with an onsite Senior Center operated by the Parkway Center. This $16 million dollar project was the reuse of an old elementary school located in the rural part of western Oneida County, Verona Beach. There were delays due to COVID and the opening took place one year later.

  - https://romesentinel.com/stories/senior-apartment-complex-opens-in-verona,117814?fbclid=IwAR0VpY9UQBkoKY9n3_9JyCA8FJ-Xo9WuPih9S4KBvCAI7C8mtbQdRxxwF9fA

- HCR (Homes and Community Renewal) now encourage senior developments to incorporate on-site senior activities centers with projects.
• **Health:**
  - **Health Literacy:** The Parkway Center’s Wellness Coordinator received training and certification for the Health Literacy Program. The program has two components: the first provides guidance for older adults to talk with their health care providers; and, the second is provide guidance to health care providers on how to effectively communicate with their clients. The Center has received a small grant to develop the second component.
  - **COVID Response:** Non traditional volunteers were recruited to assist with COVID Response. Such activities included:
    - Grocery shopping for seniors and those in quarantine
    - Transportation to vaccination appointments
    - Delivery and Distribution of food
Transportation

- The Parkway Center expanded transportation in Verona Beach:
- Created monthly grocery shopping transportation program for the residents of the Jason Gwilt Senior Memorial Apartments. The rural route bus program has been suspended and some residents do not have transportation.
- Acquired a new 10 passenger van to assist with grocery shopping and expand transportation to the new Center in Verona Beach.
- Assisted with twice a month grocery shopping for the residents of the Jason Gwilt Senior Memorial Apartments, where there is lack of rural public transportation due to COVID.
ONEIDA COUNTY PROGRESS CONTINUED

Outdoor Spaces and Buildings:

• The Parkway Center in partnership with the City of Utica Youth Bureau implemented for the second year a summer adult swim program twice a week at its Seymour Pool. There were at least 25 participants on each day of the program.

• The Parkway Center teamed up with two area high school girls tennis teams from VVS and Oneida, for a volunteer day to clean outdoor tennis courts for seniors to begin to use. There were 25 volunteers. (Outdoor Space & Civic Engagement)

• The Parkway Center hosted a Summer Youth Employment program – “Tiger Team” of 18-24 years for 6 weeks. The youth helped with landscaping, outdoor painting and litter removal to help beautify the area around the City of Utica’s Parkway Recreation Center facility.

Other items that are in process:

• The Executive Resolution from the Oneida County Executive
• The approval and submission of the Oneida County Action Plan to AARP
• Developing Business Age Friendly initiative
• Acquired a 3rd Senior Center that will be an Educational/Technology Hub for Seniors
### SMART GROWTH

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HEALTH & AGE ACROSS ALL POLICIES

JOANNE DECKER
COMMISSIONER
DEPARTMENT OF ADULT & LONG TERM CARE SERVICES
EMAIL JOANNEDECKER@ONGOV.NET
ONONDAGA COUNTY
ONONDAGA COUNTY PROGRESS

• Planning project concludes this month, on track with all deliverables.
  - Executive Order
    ▪ Presented to County Executive November 19, approval expected
    ▪ Leadership to be identified for implementation early 2022
  - Other Deliverables
    ▪ Three-year work plan & monitoring near completion
    ▪ Formal report done by December for publication
  - County & public release planned early in 2022
**SMART GROWTH**

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HEALTH & AGE ACROSS ALL POLICIES

IRENE COVENY
DIRECTOR
OFFICE FOR THE AGING
IRENE.COVENY@ONTARIOCOUNTYNY.GOV
ONTARIO COUNTY
ONTARIO COUNTY PROGRESS

• Formed an Ad Hoc Committee of various department heals, elected officials and non-profit collaborators.

• Started with an interdisciplinary team

• Partnership of OFA and Planning

• Need for initial and on-going education on AF concepts to broad group of county leaders

• County Resolution making a commitment to consider AF principles into departmental, city, town or county plans, programs & policies

• Projects include the development of an AF Ontario website, mobility management, accessible kayak launch and COVID-19 response
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HEALTH & AGE ACROSS ALL POLICIES

NAME: ANN MARIE MAGLIONE & DAVID TRIMBLE
TITLE: DIRECTOR OF OFFICE FOR THE AGING & FISCAL MANAGER
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EMAIL: AMAGLIONE@ORANGECOUNTYGOV.COM & DTRIMBLE@ORANGECOUNTYGOV.COM
ORANGE COUNTY
Executive Order 190
1 Herkimer
2 Ontario
3 Orange
4 Schoharie

Cert. Age-friendly
5 Broome

Executive Order 190 & Cert. Age-friendly
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HAAP Centers for Excellence
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The COVID-19 pandemic put on hold many of our goals and changed the way we provide services to older adults in our community. Such as:

• Developing working relationships with local municipalities to encourage Age Friendly initiatives in their communities.
• Working with Human Rights to create a paradigm change in the way society views older adults.
• Advocating with local and state partners for fair pay for health care worker and paraprofessionals.
• Partnering with Employment and Training to assist older adults reentering the work force.
• Budgeted for a mobile OFA office to serve older adults in hard to serve areas.
• Collaborate with WOGI (Welcome Orange Geriatric Initiative) for those struggling with loneliness, isolation and depression.
ORANGE COUNTY PROGRESS

- Hosted tai chi and matter of balance classes virtually and in person (socially distanced).
- Created grocery shopping and Rx pickup for those struggling with food insecurity and transportation.
- Taking lead in assisting older adults in getting the COVID vaccine and booster.
- Distributed robotic dogs and cats with older adults at risk of loneliness, anxiety and depression.
- Implemented a friendly visitor call initiative to increase social interaction with homebound seniors.
ORANGE COUNTY PROGRESS

- Increased virtual programs and support groups.
- RSVP, located in OFA, assists with friendly visitor calls and visits.
- Partner with Jewish family Services (JFS) to assist with transportation.
- Paint and Sip for caregivers and receivers. Gave participants an outlet to socialize and work on their relationships while interacting with others in a fun, casual atmosphere.
- Created a virtual book club which offered a call-in option for those participants without IT capabilities.
- We believe everyone should have the ability to age-in-place, with services and programs readily available.
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HEALTH & AGE ACROSS ALL POLICIES

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OSWEGO COUNTY PROGRESS

• Due to COVID-19 community partners have not met to discuss County needs/plans. The first meeting of stakeholders will be January 18, 2022.

• We continue to work with the Oswego County Transportation Advisory Council on transportation issues, or lack there of, in the outlying areas of Oswego County. The County is in the process of establishing first mile – last mile to connect under served areas with the public transportation system.

• We have identified the need for senior services in City of Oswego. We are working with Oswego County administration on plans to renovate an existing County building to incorporate a senior center with multi generational programing.

• We continue our work with the Healthy Miles Task Force which looks at areas within the County where walking trails can be created. There are currently accessible walking paths in Oswego, Fulton, and Pulaski.

• We are working with Fulton Block Builders to present their program and how it can be replicated in other areas of the County.
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HEALTH & AGE ACROSS ALL POLICIES

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AGE FRIENDLY CENTER OF EXCELLENCE
TINA M. CARDOZA-IZQUIERDO, DIRECTOR
COVID RECAP

• PPE Distribution
  - Collaboration between OFA, Human Rights, Community Development, HAAC, Sheriff Dept, & Contracted Agencies

• Senior Covid Call Center – Jan-June 2021
  - Inter-County Departmental Collaboration, Volunteers, Community-Based Organizations, Health Care Providers
ROCKLAND COUNTY PROGRESS

PROGRAMS & SERVICES
• Coffee & Conversation
  - Healthy Neighborhoods & Dept of Transportation
  - Removing Social Barriers
• World Elder Abuse Awareness Day
  - Collaboration with Center for Safety & Change, DSS, Legal Services of the Hudson Valley
ROCKLAND COUNTY PROGRESS

HEALTH & WELLNESS PROGRAMMING

• Zumba 2021
  - May 2021 at the OFA
  - Nov 2021 at the Palisades Mall

• Fall Fitness Programming
  - Mid Hudson OFA Caucus Awarded Fall Prevention Grant. Partnering with Dept of Health & Community Based Organizations

• Fall Prevention Week
  - Sept 2021

• A Matter of Balance – Train the Trainer
  - 8 OFA Trainers to Date – Oct 2021
ROCKLAND COUNTY PROGRESS

HEALTH & WELLNESS PROGRAMMING

• Bingocize – Jan 2022
  - Play Bingo and exercise at the same time

• Agetastic!
  - Developed by NYC Dept for the Aging
  - Health & Wellness Program for older adults encouraging activities to significantly increase knowledge and self-efficacy, and adopt healthier behaviors

• Caregiver Symposium – Nov 2021
  - Collaboration with Community-Based Organizations, Health Care Providers
ROCKLAND COUNTY PROGRESS

NUTRITION PROGRAMMING

• March for Meals 2021
  - Food Box Distribution with NYSOFA Director Greg Olsen

• OFA Senior Picnic
  - Inter-County Departments, Sheriff’s Dept, Contracted Agencies – Over 800 in attendance

• Go & Dine
  - Community engagement and collaboration – Replicating existing programming in 5 counties

• Monthly food Drive By Distribution
  - Collaboration with People to People – 3rd Thursday of the month
ROCKLAND COUNTY PROGRESS

DDPC GRANT AWARD

• Intergenerational Social Deaf Club – Dec 2021
  - Collaboration with Sheriff Dept (ASL)
• Caregiver Training
  - Through contracted agency - Ongoing
• ASL Training for OFA Staff – Jan 2022
• Workshops for Caregivers for People with Disabilities – Jan 2022
AGING INNOVATIONS PROGRAMMING

• Animatronics
  - April 2021

• TeleHealth Services for Seniors
  - Implemented October 2020

• Tele-HIICAP Services for Seniors
  - Implemented October 2020
ROCKLAND COUNTY PROGRESS

AGING INNOVATIONS PROGRAMMING

• Virtual Senior Centers – 2 Platforms - April 2021
  - GetSetUp
  - VSC

• Life Arts Programming
  - Virtual Dance
  - Implemented October 2021

• Senior Smart Device Training – January 2022
  - Intergenerational
  - Collaboration with BOCES, IT Dept
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HEALTH & AGE ACROSS ALL POLICIES

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SARATOGA COUNTY PROGRESS

- Transportation Domain Accomplishments:
  - Completed initial assessment
  - Identified specific health-related tracking measures
  - Facilitated inclusion of missing sidewalk connections near the County Department of Social Services Building in the municipality’s sidewalk master plan.
  - Pop-up crosswalk safety event in another community and plans for a walking school bus
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HEALTH & AGE ACROSS ALL POLICIES

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SCHENECTADY COUNTY
SCHENECTADY COUNTY PROGRESS

- Held the first Age-Friendly Coalition kick-off meeting in February 2020
- Schenectady County has been accepted as member of the AARP Age-Friendly Network
- Schenectady County Public Health Services presented an overview of the Age-Friendly work to the Schenectady County Coalition for a Healthy Community
  - Participants were encouraged to complete a 3-minute, 10 questions survey, to get a better understanding of what would make individuals want to stay in Schenectady County.
- Schenectady County Senior and Long-term Care conducted their annual survey for the 2020-2024 four-year plan
- Schenectady County Public Health Services is currently in the planning stages for the 2022 Community Health Needs Assessment.
  - Part of this planning process involves soliciting community feedback about what the community thinks the biggest health issues in the community are
SCHENECTADY COUNTY: PLANS FOR THE FUTURE

- Re-engage Schenectady County Age-Friendly Coalition in 2022
- Analyze data gathered from community via the community surveys
- Attend current county/community meetings where age-friendly work can be incorporated
- Based on assessment results and current projects being completed by organizations/municipalities draft a Schenectady County Age-Friendly Community Action Plan
## SMART GROWTH

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HEALTH & AGE ACROSS ALL POLICIES

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SCHOHARIE COUNTY
SCHOFARIE COUNTY PROGRESS

• Formed an Ad Hoc committee made up of representatives from many County Departments, most of whom had previously worked on Smart Growth and Complete Streets policies

• The County Board of Supervisors adopted the Age-Friendly Schoharie County resolution on December 17, 2021; Ad Hoc committee is meeting to discuss implementation strategy, future steps, and strategies to achieve goals.

• Education, training, and other work with local boards is a never-ending endeavor, even after policies are codified
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HEALTH & AGE ACROSS ALL POLICIES

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TOMPKINS COUNTY
TOMPKINS COUNTY PROGRESS

• 2020-21 Identified & evaluated community assets and comprehensive plans, including rural municipalities with the assistance of Engaged Cornell researchers.

• Expanded definition of "Age Friendly" to include healthy aging across the lifespan.

• Strengthened collaboration between Office of the Aging and Dept. of Planning & Sustainability, the Transportation Council and Dept. of Health.

• Drafting next Age Friendly 5-Year Plan using lessons learned and input from County agency partners.
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HEALTH & AGE ACROSS ALL POLICIES

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ULSTER COUNTY
ULSTER COUNTY PROGRESS

Although Ulster County was not able to hire someone to function as a Project Coordinator due to a hiring freeze and budget constraints (30% match), many areas of the HAAAP challenges were met and continue to expand and grow. Some examples are:

- Senior Advisory Groups gathered for input to develop the Senior-Friendly Community Action Plan. One of the results was the creation of the Senior Hub at OFA to address the issue of isolation. The County was able to refurbish space in one of their buildings which is located near the OFA, Veteran Services and DSS; and is on the County bus route which makes it more accessible. The Senior Hub offers congregate meals, exercise classes, lunch and learns, a meeting space, events space, a lending library, game day, etc. The Action Plan also resulted in the establishment of Senior and Veteran parking spaces in front of the building for ease of access.

- Outreach to older adults and people with disabilities via a mobile van to bring information and support services to rural and underserved areas of the communities - for town halls, service delivery and education and support. Also continue setting up various programming in rural areas.
ULSTER COUNTY PROGRESS CONT’D

• As part of our Cyber Senior Program – we partner with Age Well Kingston to have high school students teach older adults how to use the computer. Refurbished computers are installed at various senior housing complexes, including the Senior Hub.

• Reigniting our Neighbor-to-Neighbor Volunteer driving program which was halted due to COVID-19. Partnering with senior groups in rural areas to provide drivers in those hard-to-reach areas of the county. Also continuing with volunteer program, placing seniors at various sites in the community.

• Currently working with a college and high school to help provide respite to caregivers. (inter-generational)
ULSTER COUNTY PROGRESS CONT’D

• Created Large Print Ride Guides for the UCAT Bus System (Ulster County Area Transit) and large print bus schedules for older adults.

• Varied new and refurbished housing being set up or completed for various segments of the population. County is currently in process of redeveloping the old County jail into mixed housing.

• Walking and biking trails throughout the city and county, bike lanes added, better traffic configurations installed or refurbished. Many community committees set up to deliver information and prevention strategies for Opioid issues; integrated health committees established for better and more comprehensive communication between agencies in the County; home care committee established for better advocacy, education and support; mobile mental health available. Through the County Health Department, many preventive and education programs in place for preventive health.
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