NYS Health, Housing, and Longevity Learning Collaborative

PROJECT OVERVIEW
JULY 21, 2022

Diane Kolack, New York Academy of Medicine
Kana Tateishi, New York Academy of Medicine
Chris Maylahn, Office of Public Health Practice, NYS Department of Health
Charles Williams, Aging and Long-Term Care, NYS Department of Health
Abigail Guisbond, NYS Public Health Corps Fellow, NYS Department of Health
NYS APPROACH TO HEALTH & AGING

New York State Prevention Agenda
Prevent Chronic Disease; Promote a Healthy & Safe Environment; Promote Healthy Women, Infants & Children; Promote Well-Being and Prevent Mental Health & Substance Use Disorders; and Prevent Communicable Diseases

NYS Health Across All Policies/Age-Friendly NY

Smart Growth Principles
Environmental Preservation; Mixed-Use Land Projects; Existing Infrastructure; Housing Options; Transportation & Access Choices; Community Character; Walkability; Economic Sustainability; and Spaces Designed for Personal Interaction

World Health Organization’s 8 Domains of Livability
Outdoor Space & Buildings; Housing, Transportation; Communication & Information; Community Support & Health Services; Civic Participation & Employment; Social Participation; and Respect & Social Inclusion

Used with permission from The New York Academy of Medicine
This map shows the 22 counties (out of a total of 62) registered for the Learning Collaborative.
NEEDS ASSESSMENT: What do you think are the biggest housing challenges for older adults in your county?
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“Affordable housing; Accessible housing that meet the needs of an older adult - one level living, safe housing concerns with grab bars in showers, handrails, updated fire safety, etc.”

- Learning Collaborative participant
NEEDS ASSESSMENT: What do you think are the biggest housing challenges for older adults in your county?

“There is a significant lack of affordable, accessible housing for older adults in our county.

There are also areas of our county that have no access to public transportation, so if an older adult is unable to drive, they have no access to grocery stores, pharmacies, or health care.

Many older adults have expressed concern that they will not be able to continue living in their communities when they can no longer drive due to this lack of access, but there are no options for many as far as senior housing.”

- Learning Collaborative participant
NEEDS ASSESSMENT: To what extent are you familiar with the following frameworks?

<table>
<thead>
<tr>
<th>Age-Friendly Frameworks</th>
<th>Familiar</th>
<th>Not at all familiar</th>
</tr>
</thead>
<tbody>
<tr>
<td>NYS Health Across All Policies/Health in All Policies</td>
<td>82%</td>
<td>18%</td>
</tr>
<tr>
<td>Dementia Friendly Communities</td>
<td>54%</td>
<td>46%</td>
</tr>
<tr>
<td>AARP Age-Friendly Communities</td>
<td>61%</td>
<td>39%</td>
</tr>
<tr>
<td>WHO 8 Domains of Livability</td>
<td>54%</td>
<td>46%</td>
</tr>
<tr>
<td>Age-Friendly Health Systems (The 4 M's)</td>
<td>50%</td>
<td>50%</td>
</tr>
<tr>
<td>Age-Friendly Public Health</td>
<td>64%</td>
<td>36%</td>
</tr>
</tbody>
</table>

Familiarity with Age-Friendly Frameworks (Average)

- Not at all familiar: 39%
- Familiar (somewhat familiar, familiar, very familiar): 61%
LEARNING COLLABORATIVE ACTIVITIES

Wed. April 13 - 9:00-10:30 – Webinar 1
  Wed. April 27 - 1:30-2:30 – office hours 1

Wed. May 4 - 9:00-10:30 – Webinar 2
  Wed. May 11 - 1:30-2:30 – office hours 2

Wed. May 18 – 9:00-10:30 – Webinar 3
  Wed. May 25 - 1:30-2:30 – office hours 3

Wed. June 8 - 9:00 – 10:30 Webinar 4
  Wed. June 22 - 1:30-2:30 – office hours 4

Wed. July 13 - 1:30-2:30 – office hours 5

During the 90-minute webinars, we have formal presentations with speakers and opportunities to engage with them and peers from other counties.

We ask that participants attend all four webinars. Recordings are posted for those who may have a conflict.

The office hours sessions are also on Zoom. These less formal sessions have a theme, but no presentations. Office Hours sessions are opportunities for peer-to-peer networking and connecting.

The office hours meetings are optional, and you can attend or not, depending on your interest and availability.
LEARNING COLLABORATIVE ACTIVITY TEMPLATES

90-minute webinar template – recordings will be posted.

<table>
<thead>
<tr>
<th>Duration</th>
<th>Activity</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>5 min.</td>
<td>Welcome, zoom norms, and agenda</td>
<td>9:05</td>
</tr>
<tr>
<td>10 min.</td>
<td>Introductions – Who is on the call today?</td>
<td>9:15</td>
</tr>
<tr>
<td>15 min.</td>
<td>Presentation topic #1</td>
<td>9:30</td>
</tr>
<tr>
<td>10 min.</td>
<td>Q &amp; A for Presenter 1</td>
<td>9:40</td>
</tr>
<tr>
<td>5 min.</td>
<td>Break</td>
<td>9:45</td>
</tr>
<tr>
<td>15 min.</td>
<td>Presentation topic #2</td>
<td>10:00</td>
</tr>
<tr>
<td>10 min.</td>
<td>Q &amp; A for Presenter 2</td>
<td>10:10</td>
</tr>
<tr>
<td>10 min.</td>
<td>Breakout rooms</td>
<td>10:20</td>
</tr>
<tr>
<td>5 min.</td>
<td>Sharing insights from breakout rooms</td>
<td>10:25</td>
</tr>
<tr>
<td>5 min.</td>
<td>Coming attractions, Survey link for learning objectives, End of meeting</td>
<td>10:30</td>
</tr>
</tbody>
</table>

60-minute office hours template – not recorded

<table>
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</thead>
<tbody>
<tr>
<td>5 min.</td>
<td>Welcome, zoom norms, and introduce the theme</td>
<td>1:05</td>
</tr>
<tr>
<td>10 min.</td>
<td>Introductions – Who is on the call today? (Depends on the size of the group)</td>
<td>1:15</td>
</tr>
<tr>
<td>5 min.</td>
<td>Introduce the special guest</td>
<td>1:20</td>
</tr>
<tr>
<td>35 min.</td>
<td>Discussion between participants (peer to peer) and with the special guest</td>
<td>1:55</td>
</tr>
<tr>
<td>5 min.</td>
<td>Thank everyone and end the meeting</td>
<td>2:00</td>
</tr>
</tbody>
</table>
We post webinar slides, recording, and resources from our Learning Collaborative on the NYAM Health & Age Across All Policies website, https://www.nyam.org/haaap/spring-2022-housing-lc/
KICK-OFF WEBINAR

- State & National support and rationale for this project
- How housing impacts health
- Learning Collaborative expectations
- Introduction to Supportive Housing (Patricia Hernandez, Corporation for Supportive Housing)

42 Participants
- Local Health Department staff (17)
- County Aging staff (10)
- Community-Based Org staff (4)
- State agency staff (6)
- Other (5)

21 NYS Counties (out of 22 in the LC)
WEBINAR 2: HOUSING DATA AND MEDICAID & HOUSING

• **Housing Data** *(Chris Maylahn, DrPH, MPH, Epidemiologist NYS Department of Health; and Abbie Guisbond, MPH, University at Albany School of Public Health)*

• **Understanding Medicaid and Housing** *(Emily Engel, Director, Bureau of Social Care and Community Supports at the NYS Department of Health)*

36 Participants
- Local Health Department staff (17)
- County Aging staff (8)
- Community-Based Org staff (2)
- State agency staff (5)
- Other (4)

15 NYS Counties
(out of 22 in the LC)
## Community Level Indicators

<table>
<thead>
<tr>
<th>Indicator</th>
<th>Definition</th>
<th>Estimate/Value</th>
<th>Public Health Significance</th>
<th>Year(s)</th>
<th>Geographic Location</th>
<th>Source</th>
</tr>
</thead>
<tbody>
<tr>
<td>Severe Housing Problems-by NYS County</td>
<td>Severe Housing Problems is the percentage of households with one or more of the following housing problems: 1. Housing unit lacks complete kitchen facilities; 2. Housing unit lacks complete plumbing facilities; 3. Household is overcrowded; or 4. Household is severely cost burdened.</td>
<td>Go to link for data</td>
<td>Severe housing problems are associated with infectious diseases, illness, mental health and substance abuse problems, food insecurity, and homelessness (Shaw, 2004).</td>
<td>2013-2017</td>
<td>62 Counties</td>
<td>County Health Rankings</td>
</tr>
<tr>
<td>Heating Problems</td>
<td>The data are classified by whether the housing unit was uncomfortably cold for 24 hours or more, the number of times equipment breakdowns lasted 6 hours or more, and causes for the breakdowns.</td>
<td>Go to link for data</td>
<td>Heating problems can fall into the category of what has been cited as &quot;fuel poverty,&quot; that &quot;applies to households that are unable to adequately heat and ventilate their homes&quot; (Sharpe et al., 2018).</td>
<td>2019</td>
<td>National, New York State, and State Metro Areas</td>
<td>U.S. Census Bureau American Housing Survey (AHS), New York State Profile</td>
</tr>
</tbody>
</table>

## Individual Level Indicators

<table>
<thead>
<tr>
<th>Indicator</th>
<th>Definition</th>
<th>Estimate/Value</th>
<th>Public Health Significance</th>
<th>Year(s)</th>
<th>Geographic Location</th>
<th>Source</th>
</tr>
</thead>
<tbody>
<tr>
<td>Housing cost burden</td>
<td>Percentage of income devoted to monthly housing costs: measured at the neighborhood scale, lower values are better</td>
<td>24.2% of income spent on housing</td>
<td>Household may be unable to adequately provide fuel, heat, electricity, and or ventilation due to cost burdens (Sharpe et al., 2018).</td>
<td>2018</td>
<td>New York State</td>
<td>AARP Livability Index</td>
</tr>
<tr>
<td>Housing Affordability</td>
<td>Determines whether individuals and families can live in a neighborhood without sacrificing other basic necessities such as health care</td>
<td>$1,487 per month</td>
<td>Housing affordability (and unaffordable housing) is linked to several poor health outcomes such as chronic health conditions, poor healthcare utilization and poor health related behaviors (Pollack et al., 2010).</td>
<td>2018</td>
<td>New York State</td>
<td>AARP Livability Index/ AARP Livable Communities, Housing</td>
</tr>
<tr>
<td>Fall within Past Year 65+</td>
<td>Percentage of adults aged 65+ years with at least one fall in the past 12 months</td>
<td>Go to link for data</td>
<td>According to the CDC, 28.7% of older adults in 2014 reported falling at least once in the 12 month period, resulting in an estimated 29.0 million falls.</td>
<td>2013-2014 and 2016-2018</td>
<td>62 counties</td>
<td>The New York State (NYS) Behavioral Risk Factor Surveillance System (BRFSS) Health Indicators By County and Region</td>
</tr>
</tbody>
</table>
WEBINAR 3: INNOVATIVE HOUSING MODELS

- Innovative Senior Housing: Models for Health & Longevity
  (Annalyse Komoroske Denio, Housing Policy Analyst, LeadingAge NY)

39 Participants
- Local Health Department staff (18)
- County Aging staff (8)
- Community-Based Org staff (3)
- State agency staff (3)
- Other (7)

18 NYS Counties
(out of 22 in the LC)
WEBINAR 4: RURAL HOUSING, SENIOR HOUSING, THE VILLAGE MOVEMENT, AARP LIVABLE COMMUNITIES AND ABCS OF ADUS

• Housing in Rural New York (Sara Bollinger, NYS Assoc. for Rural Health)

• Senior Housing in NYS (Ken Harris, Villages Technical Assistance Center)

• AARP Livable Communities (Bill Armbruster, AARP Livable Communities)

• Accessory Dwelling Units (ADUs) – Advocacy, Trends, and Opportunities (Kristin McManus, AARP New York)

31 Participants
- Local Health Department staff (15)
- County Aging staff (3)
- Community-Based Org staff (2)
- State agency staff (3)
- Other (8)

12 NYS Counties (out of 22 in the LC)
PARTICIPANT SURVEY DATA (ACROSS 4 WEBINARS)

Satisfaction with content:
- Extremely satisfied – 67%
- Somewhat satisfied – 33%
- Extremely or somewhat satisfied – 100%

Satisfaction with presenters:
- Extremely satisfied – 79%
- Somewhat satisfied – 21%
- Extremely or somewhat satisfied – 100%

Relevance of content:
- Extremely relevant – 47%
- Somewhat relevant – 49%
- Extremely or somewhat relevant – 96%

Satisfaction with webinar admin staff:
- Extremely satisfied – 73%
- Somewhat satisfied – 21%
- Extremely or somewhat satisfied – 94%

Satisfaction with audio-visual elements:
- Extremely satisfied – 79%
- Somewhat satisfied – 19%
- Extremely or somewhat satisfied – 98%

Satisfaction with the length of the event:
- Extremely satisfied – 62%
- Somewhat satisfied – 33%
- Extremely or somewhat satisfied – 95%
PARTICIPANT SURVEY DATA (ACROSS 4 WEBINARS)

Themes from open-ended questions on needs/general feedback:
- Inviting County Aging Departments, acknowledgment of the work Offices for Aging do
- Access to sufficient funds
- Dashboard was outstanding and shared out
- Continuing issue of housing inventory and affordability
- Discussion of pandemic-related factors
- Need for concrete tools

Themes from open-ended questions on lessons learned:
- Acknowledgement of existing work
- Possible partnerships
- Available resources
- General/overall information gain
- Acknowledgement of other organizations
- Acknowledgment of similar housing-related issues despite geographic differences
- Public health needs to be at the same table as planning agencies
When all of the pandemic benefits are removed, I have concerns about the impact to our communities.

Staff like myself are generally not housing experts but are at this point very aware of the general issues and needs, I want to get concrete tools to move our housing efforts forward locally.

Public Health needs to be at the same table as planning agencies. Partners from this learning collaborative can assist with facilitating these partnerships.

Despite the various types of senior and supportive housing models available, the primary issues for our county continue to be inventory and affordability.

Public health in every decision.
THANK YOU

Diane Kolack, New York Academy of Medicine
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Charles Williams, Aging and Long-Term Care, NYS Department of Health
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