

NYS Health, Housing, and Longevity Learning Collaborative

PROJECT OVERVIEW

JULY 21, 2022

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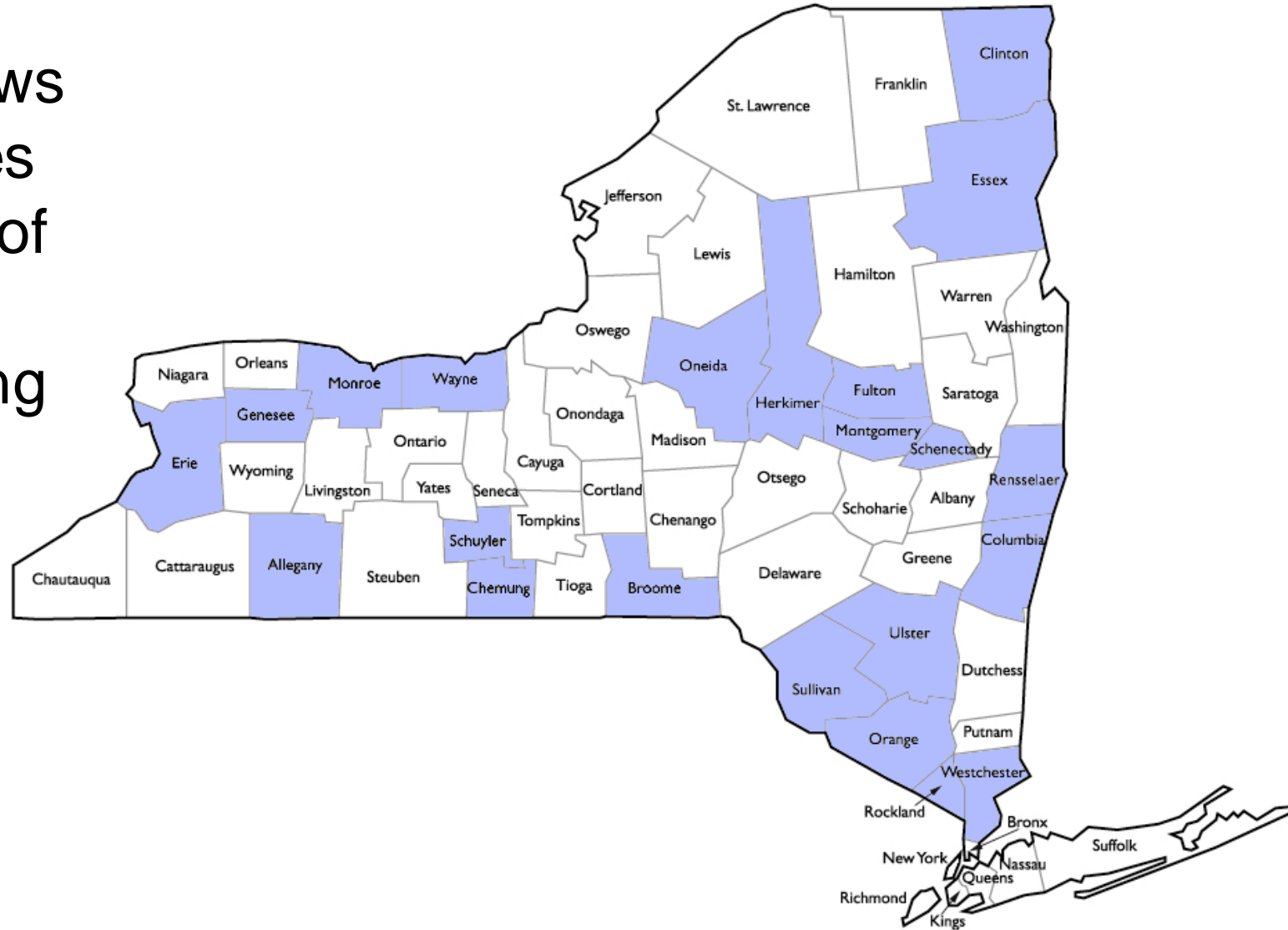
NYS APPROACH TO HEALTH & AGING



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NYS HOUSING, HEALTH, AND LONGEVITY LEARNING COLLABORATIVE

This map shows the 22 counties (out of a total of 62) registered for the Learning Collaborative.



- Allegany
- Broome
- Chemung
- Clinton
- Columbia
- Erie
- Essex
- Fulton
- Genesee
- Herkimer
- Monroe
- Montgomery
- Oneida
- Orange
- Rensselaer
- Rockland
- Schenectady
- Schuyler
- Sullivan
- Ulster
- Wayne
- Westchester

NEEDS ASSESSMENT: What do you think are the biggest housing challenges for older adults in your county?

“Affordable housing; Accessible housing that meet the needs of an older adult - one level living, safe housing concerns with grab bars in showers, handrails, updated fire safety, etc.”

- Learning Collaborative participant

NEEDS ASSESSMENT: What do you think are the biggest housing challenges for older adults in your county?

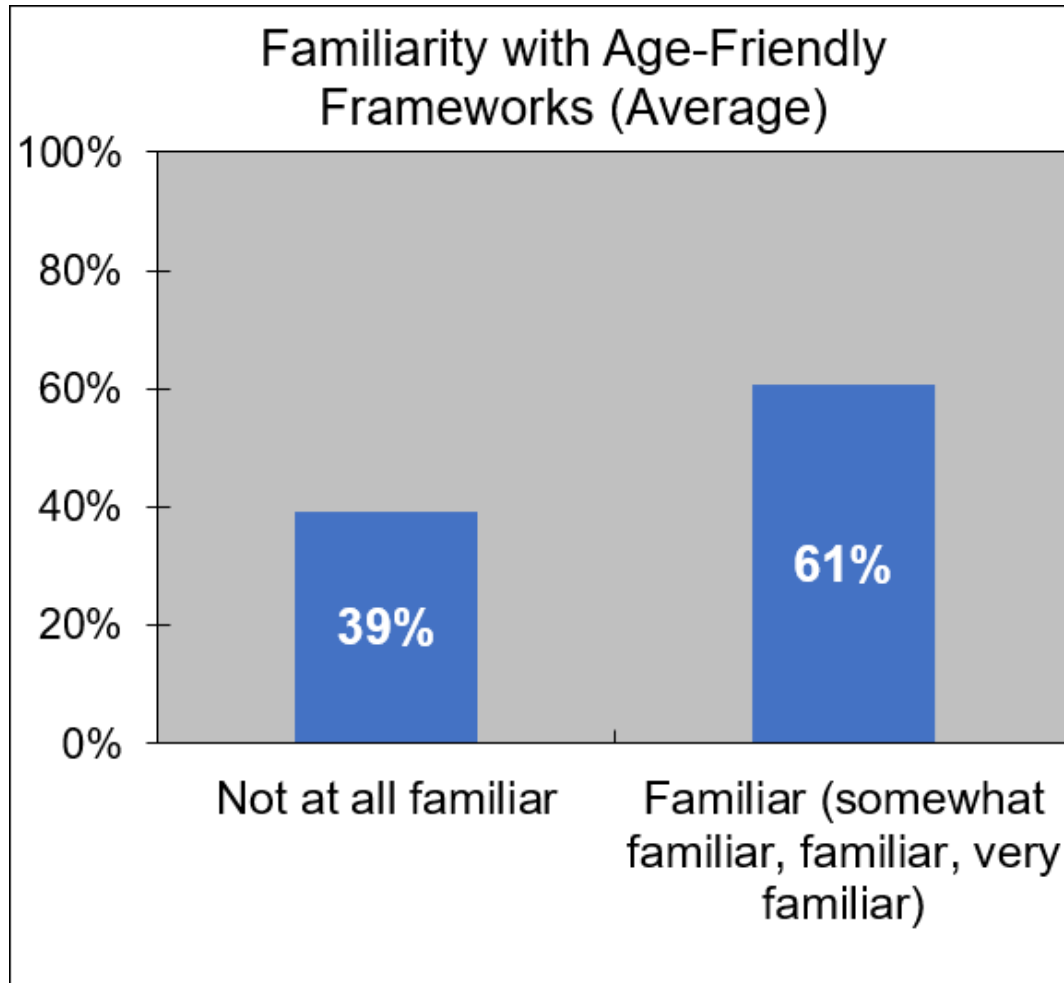
“There is a significant lack of affordable, accessible housing for older adults in our county.

There are also areas of our county that have no access to public transportation, so if an older adult is unable to drive, they have no access to grocery stores, pharmacies, or health care.

Many older adults have expressed concern that they will not be able to continue living in their communities when they can no longer drive due to this lack of access, but there are no options for many as far as senior housing.”

- Learning Collaborative participant

NEEDS ASSESSMENT: To what extent are you familiar with the following frameworks?



Age-Friendly Frameworks	Familiar	Not at all familiar
NYS Health Across All Policies/Health in All Policies	82%	18%
Dementia Friendly Communities	54%	46%
AARP Age-Friendly Communities	61%	39%
WHO 8 Domains of Livability	54%	46%
Age-Friendly Health Systems (The 4 M's)	50%	50%
Age-Friendly Public Health	64%	36%

LEARNING COLLABORATIVE ACTIVITIES

Wed. April 13 - 9:00-10:30 – Webinar 1

Wed. April 27 - 1:30-2:30 – office hours 1

Wed. May 4 - 9:00-10:30 – Webinar 2

Wed. May 11 - 1:30-2:30 – office hours 2

Wed. May 18 – 9:00-10:30 – Webinar 3

Wed. May 25 - 1:30-2:30 – office hours 3

Wed. June 8 - 9:00 – 10:30 Webinar 4

Wed. June 22 - 1:30-2:30 – office hours 4

Wed. July 13 - 1:30-2:30 – office hours 5

During the 90-minute webinars, we have formal presentations with speakers and opportunities to engage with them and peers from other counties.

We ask that participants attend all four webinars. Recordings are posted for those who may have a conflict.

The **office hours** sessions are also on Zoom. These less formal sessions have a theme, but no presentations. Office Hours sessions are opportunities for peer-to-peer networking and connecting.

The office hours meetings are optional, and you can attend or not, depending on your interest and availability.

LEARNING COLLABORATIVE ACTIVITY TEMPLATES

90-minute webinar template – recordings will be posted.

5 min.	Welcome, zoom norms, and agenda	9:05
10 min.	Introductions – Who is on the call today?	9:15
15 min.	Presentation topic #1	9:30
10 min.	Q & A for Presenter 1	9:40
5 min.	Break	9:45
15 min.	Presentation topic #2	10:00
10 min.	Q & A for Presenter 2	10:10
10 min.	Breakout rooms	10:20
5 min.	Sharing insights from breakout rooms	10:25
5 min.	Coming attractions, Survey link for learning objectives, End of meeting	10:30

60-minute office hours template – not recorded

5 min.	Welcome, zoom norms, and introduce the theme	1:05
10 min.	Introductions – Who is on the call today? (Depends on the size of the group)	1:15
5 min.	Introduce the special guest	1:20
35 min.	Discussion between participants (peer to peer) and with the special guest	1:55
5 min.	Thank everyone and end the meeting	2:00

LEARNING COLLABORATIVE WEB PAGE

The screenshot shows the top navigation bar of the NYAM website. On the left is the NYAM logo and the text "HEALTH & AGE ACROSS ALL POLICIES". In the center, there are links for "NYS Work", "Housing 2022" (highlighted), and "Resources". On the right, a "CONTACT" link is partially visible. Below the navigation bar is a large blue banner with the text "Spring 2022 Housing LC" in white. Underneath the banner is a white text box containing the following information:

The New York Academy of Medicine, together with the NYS Department of Health, under a grant from the Association of State and Territorial Health Officials, is offering a 5-session learning collaborative this Spring on incorporating healthy aging principles into housing regulation and development with consideration for the needs of a growing older adult population. The learning collaborative includes recorded monthly webinar presentations with content specific to housing in NYS, optional monthly drop-in "office hours" to ask questions and learn from peers, and resources from ASTHO, CDC, DOH, and NYAM.

We post webinar slides, recording, and resources from our Learning Collaborative on the NYAM Health & Age Across All Policies website, <https://www.nyam.org/haaap/spring-2022-housing-lc/>

KICK-OFF WEBINAR

- **State & National support** and rationale for this project
- **How housing impacts health**
- Learning Collaborative expectations
- **Introduction to Supportive Housing** (*Patricia Hernandez, Corporation for Supportive Housing*)

42 Participants

- Local Health Department staff (17)
- County Aging staff (10)
- Community-Based Org staff (4)
- State agency staff (6)
- Other (5)

21 NYS Counties
(out of 22 in the LC)

WEBINAR 2: HOUSING DATA AND MEDICAID & HOUSING

- **Housing Data** (*Chris Maylahn, DrPH, MPH, Epidemiologist NYS Department of Health; and Abbie Guisbond, MPH, University at Albany School of Public Health*)
- **Understanding Medicaid and Housing** (*Emily Engel, Director, Bureau of Social Care and Community Supports at the NYS Department of Health*)

36 Participants

- Local Health Department staff (17)
- County Aging staff (8)
- Community-Based Org staff (2)
- State agency staff (5)
- Other (4)

15 NYS Counties
(out of 22 in the LC)



Indicator	Definition	Estimate/Value	Public Health Significance	Year(s)	Geographic Location	Source
Community Level Indicators						
Severe Housing Problems-by NYS County	Severe Housing Problems is the percentage of households with one or more of the following housing problems: 1. Housing unit lacks complete kitchen facilities; 2. Housing unit lacks complete plumbing facilities; 3. Household is overcrowded; or 4. Household is severely cost burdened.	Go to link for data	Severe housing problems are associated with infectious diseases, illness, mental health and substance abuse problems, food insecurity, and homelessness (Shaw, 2004).	2013-2017	62 Counties	County Health Rankings
Heating Problems	The data are classified by whether the housing unit was uncomfortably cold for 24 hours or more, the number of times equipment breakdowns lasted 6 hours or more, and causes for the breakdowns. .	Go to link for data	Heating problems can fall into the category of what has been cited as "fuel poverty," that "applies to households that are unable to adequately heat and ventilate their homes" (Sharpe et al., 2018).	2019	National, New York State, and State Metro Areas	U.S. Census Bureau American Housing Survey (AHS), New York State Profile
Individual Level Indicators						
Housing cost burden	Percentage of income devoted to monthly housing costs: measured at the neighborhood scale, lower values are better	24.2% of income spent on housing	Household may be unable to adequately provide fuel, heat, electricity, and or ventilation due to cost burdens (Sharpe et al., 2018).	2018	New York State	AARP Livability Index
Housing Affordability	Determines whether individuals and families can live in a neighborhood without sacrificing other basic necessities such as health care	\$1,487 per month	Housing affordability (and unaffordable housing) is linked to several poor health outcomes such as chronic health conditions, poor healthcare utilization and poor health related behaviors (Pollack et al., 2010).	2018	New York State	AARP Livability Index/ AARP Livable Communities, Housing
Fall within Past Year 65+	Percentage of adults aged 65+ years with at least one fall in the past 12 months	Go to link for data	According to the CDC, 28.7% of older adults in 2014 reported falling at least once in the 12 month period, resulting in an estimated 29.0 million falls.	2013-2014 and 2016-2018	62 counties	The New York State (NYS) Behavioral Risk Factor Surveillance System (BRFSS) Health Indicators By County and Region

WEBINAR 3: INNOVATIVE HOUSING MODELS

- **Innovative Senior Housing: Models for Health & Longevity**
(Annalyse Komoroske Denio, Housing Policy Analyst, LeadingAge NY)

39 Participants

- Local Health Department staff (18)
- County Aging staff (8)
- Community-Based Org staff (3)
- State agency staff (3)
- Other (7)

18 NYS Counties
(out of 22 in the LC)



WEBINAR 4: RURAL HOUSING, SENIOR HOUSING, THE VILLAGE MOVEMENT, AARP LIVABLE COMMUNITIES AND ABCS OF ADUS

- **Housing in Rural New York** (*Sara Bollinger, NYS Assoc. for Rural Health*)
- **Senior Housing in NYS** (*Ken Harris, Villages Technical Assistance Center*)
- **AARP Livable Communities** (*Bill Armbruster, AARP Livable Communities*)
- **Accessory Dwelling Units (ADUs) – Advocacy, Trends, and Opportunities** (*Kristin McManus, AARP New York*)

31 Participants

- Local Health Department staff (15)
- County Aging staff (3)
- Community-Based Org staff (2)
- State agency staff (3)
- Other (8)

12 NYS Counties
(out of 22 in the LC)



PARTICIPANT SURVEY DATA (ACROSS 4 WEBINARS)

Satisfaction with content:

- Extremely satisfied – 67%
- Somewhat satisfied – 33%
- **Extremely or somewhat satisfied – 100%**

Satisfaction with presenters:

- Extremely satisfied – 79%
- Somewhat satisfied – 21%
- **Extremely or somewhat satisfied – 100%**

Relevance of content:

- Extremely relevant – 47%
- Somewhat relevant – 49%
- **Extremely or somewhat relevant – 96%**

Satisfaction with webinar admin staff:

- Extremely satisfied – 73%
- Somewhat satisfied – 21%
- **Extremely or somewhat satisfied – 94%**

Satisfaction with audio-visual elements:

- Extremely satisfied – 79%
- Somewhat satisfied – 19%
- **Extremely or somewhat satisfied – 98%**

Satisfaction with the length of the event:

- Extremely satisfied – 62%
- Somewhat satisfied – 33%
- **Extremely or somewhat satisfied – 95%**

PARTICIPANT SURVEY DATA (ACROSS 4 WEBINARS)

Themes from open-ended questions on needs/general feedback:

- Inviting County Aging Departments, acknowledgment of the work Offices for Aging do
- Access to sufficient funds
- Dashboard was outstanding and shared out
- Continuing issue of housing inventory and affordability
- Discussion of pandemic-related factors
- Need for concrete tools

Themes from open-ended questions on lessons learned:

- Acknowledgement of existing work
- Possible partnerships
- Available resources
- General/overall information gain
- Acknowledgement of other organizations
- Acknowledgment of similar housing-related issues despite geographic differences
- Public health needs to be at the same table as planning agencies

PARTICIPANT SURVEY DATA (ACROSS 4 WEBINARS)

When all of the pandemic benefits are removed, I have concerns about the impact to our communities.

Staff like myself are generally not housing experts but are at this point very aware of the general issues and needs, I want to get concrete tools to move our housing efforts forward locally.

Public Health needs to be at the same table as planning agencies. Partners from this learning collaborative can assist with facilitating these partnerships.

Despite the various types of senior and supportive housing models available, the primary issues for our county continue to be inventory and affordability.

Public health in every decision.

THANK YOU

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