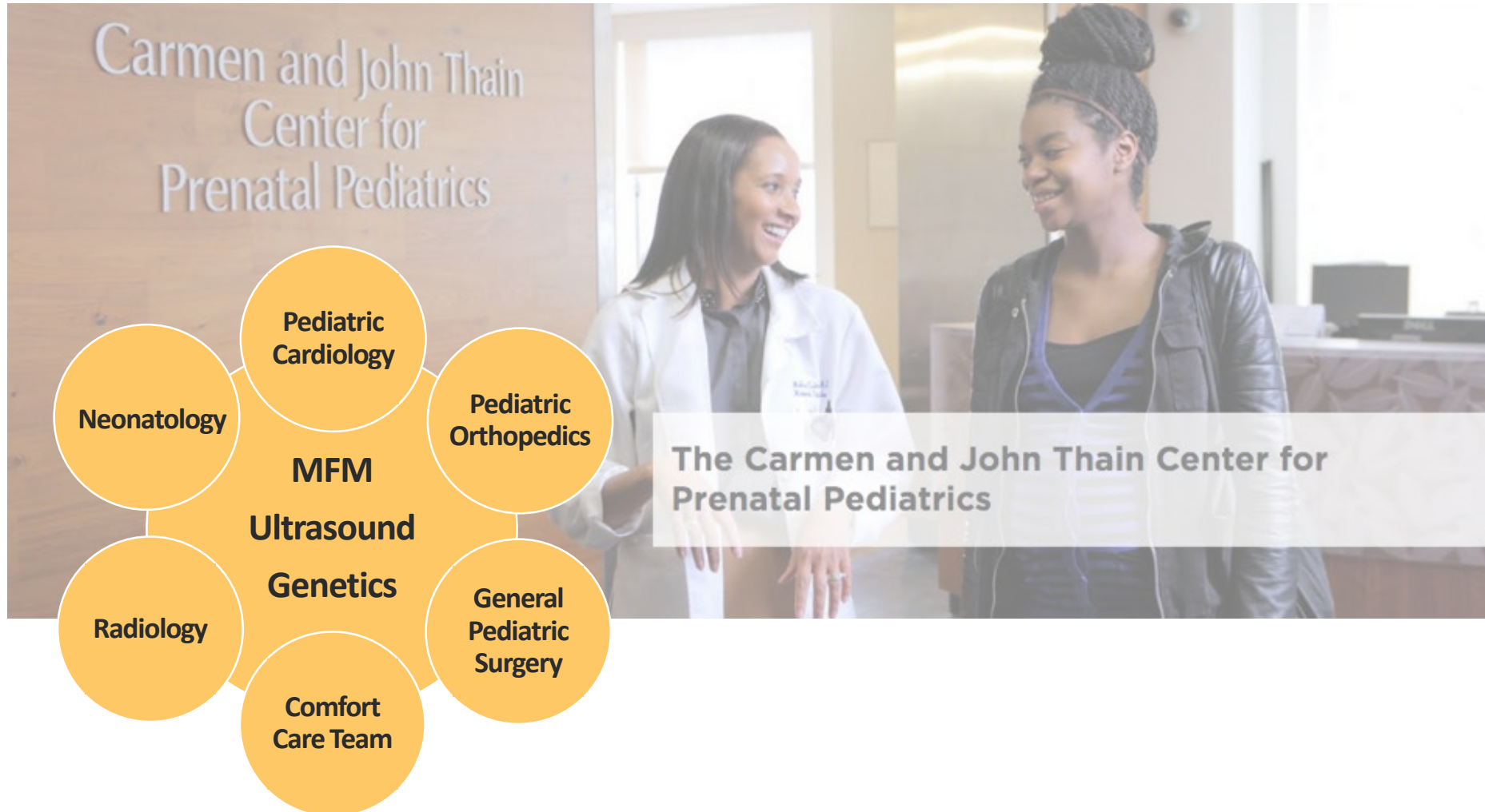


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WOMEN'S MENTAL HEALTH @Ob/Gyn

An embedded collaborative service improving access to care

- **Routine screening** for depression: Obstetricians and gynecologists identify depression and refer patients for treatment
- **Easy logistics:** psychologists, social workers, psychiatric nurse practitioners embedded in Ob/Gyn Department in shared office space and using telehealth
 - Psychotherapy, psychopharmacology, support groups offered
- **Patient experience: stigma diminished** as mental health made a routine part of health care
 - 3.6% no show rate for appointments compared to typical rate 22% psychiatric clinics (Zhang, 2020; Dantas, 2018)

